

DE LA MER

Choreographers:	Mary and Bob Townsend-Manning 1238 Sunrise Cir, Washington, UT 84780 (435) 773-8930, townsendmanning@gmail.com	
Record:	Theme De La Mer Rimini Open Vol. 4 - Balls of Fire	Aldo Capicchioni 2:32@45 rpm
Footwork:	Opposite, except where noted	
Rhythm/Level:	Waltz III+2 (Telemark to SCP, Promenade Sway)	Released February 2020
Sequence:	Intro A Amod B C A(1-8) End	Revised September 2023

INTRODUCTION

1---4 {CP WALL} WT ; SWAY L & R ; ; HVR ;
 1-2 CP WALL Wait; Sd L, -, -;
 3-4 Sd R, -, -; Fwd L, sd & fwd R, rec L to SCP DLC;

PART A

1---4 SYNC VIN ; WING ; TELE SCP ; THRU CHASSE SCP LOD ;
 1-2 Thru R/sd L, xRib, sd L; Fwd R, draw L to R, tch L (W Fwd L comm LF trn, fwd R cont LF trn, fwd L comp LF trn) to SCAR DLC;
 3-4 Fwd L comm LF trn, sd R cont LF trn, fwd L (W Bk R comm LF trn, cl L to R for heel trn, fwd R) to SCP DLW; Thru R, sd L/cl R, sd & fwd L to SCP LOD;

5---8 SYNC VIN ; PU DLC ; 2 L TRNS ; DLW ;
 5-6 Repeat meas 1 of Part A; Small fwd R, sd & fwd L, cl R (W fwd L comm LF trn, sd R comp LF trn, cl L) to CP DLC;
 7-8 Fwd L trng LF, sd R, cl L to CP RLOD; Bk R trng LF, sd L, cl R to CP DLW;

9--12 WSK ; FWD HVR BJO ; BK HVR SCP LOD ; MANUV ;
 9-10 Fwd L, fwd & sd R rising, xLib to SCP DLC; Fwd R, fwd L rising leading W to trn LF, rec R (W Fwd L, fwd R rising and trng LF 1/2, rec L) to BJO DLC;
 11-12 Bk L, bk R rising and trng RF 1/8, rec L (W Fwd R, fwd L rising and trng LF 5/8, rec R) to SCP LOD; Fwd R comm RF trn, sd & bk L cont RF trn, cl R (W small fwd L, sd & fwd R, cl L) to CP RLOD;

13-16 PVT 3 TO SCP ; THRU FC CL ; TWRL VIN 3 SCP ; THRU FWD & HOLD ;
 13-14 Bk L trng 3/8 RF, fwd R trng 3/8 RF, sd & fwd L to SCP LOD; Fwd R, fwd L trng 1/4 RF to fc ptr & wall, cl R;
 15-16 Sd L, XRIB, sd L (W Sd & fwd R comm RF trn, sd L cont RF trn, sd R comp RF trn) to SCP LOD; Fwd R, fwd L, -;

PART A MODIFIED

1--16 SYNC VIN ; WING ; TELE SCP ; THRU CHASSE SCP LOD ;
SYNC VIN ; PU DLC ; 2 L TRNS ; DLW ;
WSK ; FWD HVR BJO ; BK HVR SCP LOD ; MANUV ;
PVT 3 TO SCP ; THRU FC CL ; TWRL VIN 3 SCP ; MANUV ;
 1-15 Repeat meas 1-15 of Part A,;;; ;;;; ;;;; ;;;
 16 Repeat meas 12 of Part A;

DE LA MER
Mary and Bob Townsend-Manning

PART B

- 1---4** **SPN TRN ; BOX FIN ; TRN L & CHASSE BJO ; BK BK/LK BK ;**
1-2 Bk L toe pivot ½ RF, fwd R btwn W ft cont RF trn, comp RF trn bk & sd L (W Fwd R btwn M ft pivot ½ RF, bk L cont RF trn brush R to L, comp RF trn fwd & sd R) to CP DLW; Bk R trng ¼ LF, sd L, cl R to CP DLC;
3-4 Fwd L comm trng LF, cont LF trn sd R/cl L, sd R to BJO DRC; Bk L, bk R/lk L, bk R;
- 5---8** **IMP SCP ; THRU SD BHD ; STP SWING ; SPN MANUV ;**
5-6 Bk L comm RF trn, cl R [heel trn] cont RF trn, fwd L (W Fwd R outsd M's ft comm RF trn, sd & fwd L arnd M cont RF trn, fwd R) to SCP LOD; Fwd R, sd L, XRib to BFLY WALL;
7-8 Sd L, swing R thru [no wgt chg], -; Fwd R trng ½ RF, sd L, cl R (W Small sd L comm trng LF, SIP R cont trng LF, SIP L comp trng LF) to CP RLOD;
- 9--16** **SPN TRN ; BOX FIN ; TRN L & CHASSE BJO ; BK BK/LK BK ;**
IMP SCP ; THRU SD BHD ; STP SWING ; SPN MANUV ;
9-16 Repeat meas 1-8 of Part B;;; ;;;

PART C

- 1---8** **2 R TRNS ; ; INTRPD BOX ; ; ; ; CANTER ; HVR ;**
1-2 Bk L trng 3/8 RF, sd R, cl L; Fwd R trng 3/8 RF, sd L, cl R;
3-6 Fwd L, sd R, cl L; Leading W to trn RF under jnd ld hnds bk R, sd L, cl R (W Fwd L, comm circ RF fwd R, cont circ RF fwd L); Fwd L, sd R, cl L (W Cont circ RF fwd R, cont circ RF fwd L, comp circ RF fwd R) to CP WALL; Bk R, sd L, cl R;
7-8 Sd L, draw R to L, cl L; Repeat meas 4 of Intro;

REPEAT PART A MEAS (1-8)

ENDING

- 1---4** **WSK ; FWD HVR BJO ; BK HVR SCP LOD ; THRU PROM SWAY ;**
1-3 Repeat meas 9-11 of Part A;;;
4 Fwd R, fwd L stretching L sd of bdy looking over jnd ld hnds, relax knee;

DE LA MER
Mary and Bob Townsend-Manning

HEAD CUES:

“INTRO”

CP WALL WT ; SWAY L & R ; ; HVR ;

“A”

SYNC VIN ; WING ; TELE SCP ; THRU CHASSE SCP LOD ; SYNC VIN ; PU DLC ;
2 L TRNS ; TO DLW ; WSK ; FWD HVR BJO ; BK HVR SCP LOD ; MANUV ;
PVT 3 TO SCP ; THRU FC CL ; TWRL VIN 3 SCP ; THRU FWD & HOLD ;

“A MOD”

SYNC VIN ; WING ; TELE SCP ; THRU CHASSE SCP LOD ; SYNC VIN ; PU DLC ;
2 L TRNS ; TO DLW ; WSK ; FWD HVR BJO ; BK HVR SCP LOD ; MANUV ;
PVT 3 TO SCP ; THRU FC CL ; TWRL VIN 3 SCP ; MANUV ;

“B”

SPN TRN ; BOX FIN ; TRN L & CHASSE BJO ; BK BK/LK BK ; IMP SCP ; THRU SD BHD ;
STP SWING ; SPN MANUV ; SPN TRN ; BOX FIN ; TRN L & CHASSE BJO ; BK BK/LK BK ;
IMP SCP ; THRU SD BHD ; STP SWING ; SPN MANUV ;

“C”

2 R TRNS ; ; INTRPD BOX ; ; ; ; CANTER ; HVR ;

“A” MEAS 1-8

SYNC VIN ; WING ; TELE SCP ; THRU CHASSE SCP LOD ; SYNC VIN ; PU DLC ;
2 L TRNS ; TO DLW ;

“ENDING”

WSK ; FWD HVR BJO ; BK HVR SCP LOD ; THRU PROM SWAY ;