

Do The Cha Cha Cha

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CD: Heart 4 Sale, Track 4 **Artist:** Alex Swings Oscar Sings Available from ITunes & other On Line Sites
Rhythm: Two Step & 5 Count **RAL Phase II + 2 [Strolling Vine, Whaletail]**
Footwork: Opposite unless noted (Woman's Footwork in parentheses)
Timing: Standard RAL 2 Step unless noted. **Time @ 45 RPM: 3:27**
Sequence: Intro-A -B-A-B-C-B-D-C-B-End **Released: June 20, 2012**

Meas

INTRODUCTION

INTRO

1 -- 4 BFLY WALL WAIT 2;; TWIRL TWO; WK 2:

- 1 – 2** BFLY WALL Ld Ft free for both Wait 2 Meas;;
3 – 4 [Twirl 2] Sd L, - XRIB, - (sd R commence RF trn under lhd hnds, -, fwd & sd L completing RF trn to fc ptr, -);
[Wk 2] Trng to SCP fwd L, -, fwd R, -;

PART A

1 -- 4 TWO FWD TWO STEPS;; TWO TRNG TWO STPS;;

- 1 – 2** [Two Fwd Two Stps] Fwd L, Cl R to L, Fwd L, -; Fwd R, Cl L to R, Fwd R, -to fc;
3 – 4 [Two Trng 2 Stps] Sd L, cl R to L, stp diag X line of prog pvt ½ RF on L, -; Sd R, cl L to R, sd R pvt ½ RF on R, - (Sd R, cl L to R, sd R pvt ½ RF on R, -; Sd L, cl R to L, stp diag X line of prog pvt ½ RF on L, -;) to SCP/LOD, -;

5 -- 8 CIRCLE AWAY TWO TWO STEPS;; STRUT TOG 4;;

- 5-6 [Circle Away 2 2 Steps] Separating from ptr & moving away in a curving pattern fwd L, cl R to L, fwd L, -; continuing curving pattern away from ptr fwd R, cl L to R, fwd R completing curve to fc ptr 4-6 ft apt, -;
7-8 [Strut Tog 4] With Upper body swagger fwd L, -, fwd R, -; Fwd L, -, fwd R, - to BFLY/Wall;

9 - 12 HITCH APT; SCIS THRU SCP; HITCH DBL TO FC;;

- 9 – 10 [Hitch Apt] Apt L, cl R, fwd L, - (Apt R, cl L, fwd R, -); [Scis Thru] Sd R, cl L to R, XRIF to SCP/LOD, -;
11 – 12 [Hitch Dbl] Fwd L, Cl R to L, Bk L-; Bk R, cl L to R, fwd R to CPWALL, -;

13 – 16 LEFT TRNG BOX:::

- 13 – 16 [Lft Trng Box]** Sd L, Cl R to L, Fwd L trng $\frac{1}{4}$ LF; -; Sd R, Cl L to R, Bk R trng $\frac{1}{4}$ LF, -; Sd L, Cl R to L, Fwd L trng $\frac{1}{4}$ LF; -; Sd R, Cl L to R, Bk R trng $\frac{1}{4}$ LF, -;

PART B

1--4 TRAVELING DOORS

- 1-4 [Traveling Doors] Sd L₀ - rec R₀ - : XIJE, sd R₀ XIJE, - : Sd R₀ - : rec L₀ - : XRIE, sd L₀ XRIE, - :

5--8 STROLLING VINE

- 5 – 8** [Strolling Vine] Sd L, -, XLIB, -; Sd L, Cl R to L commencing LF Trn, Fwd L completing $\frac{1}{2}$ LF Trn Fc COH; Sd R, -, XLIB, -; Sd R, Cl L to R commencing LF Trn, Fwd R completing $\frac{1}{2}$ RF Trn SCP/LQD;

9 - 12 WK 2: FWD TWO STEP: WK 2: FWD TWO STEP

- 9 – 10 [Wk 2; Fwd 2 Stp;] Fwd L, -, fwd R, -; Fwd L, cl R to L, fwd L, -;
11 – 12 [Wk 2; Fwd 2 Stp;] Fwd R, - fwd L, -; Fwd R, cl L to R, fwd R, -;

13 - 16 CIRCLE AWAY TWO: FWR TWO STEP: CIRCLE TOG 2: FWD TWO STEP

- 13 – 14 [Circle Away 2; Fwd 2 Stp] Separating from ptr & moving away in a curving pattern fwd L, -, fwd R; -; continuing curving pattern away from ptr fwd L, cl R to L, fwd L completing curve to fc RLOD 4-6 ft apt, -;
 15 – 16 [Circle Tog 2; Fwd 2 Stp] Commence moving twd ptr in a curving pattern fwd R, -, fwd L, -; continuing curving pattern twd ptr fwd R, cl L to R, fwd R completing curve to SCP/LOD, -;

Repeat A

Repeat B

PART C**1 -- 4 BROKEN BOX;:::**

1 - 4 [Broken Box] Sd L, cl R to L, fwd L, -; Rk fwd R, -, rec L, -; Sd R, cl L to R, bk R, -; Rk bk L, -, rec R, -;

5 -- 8 TRAVELING BOX;:::

5 - 8 [Traveling Box] Sd L, cl R to L, fwd L trng to RSCP, -; Fwd R, -, fwd L trng to fc ptr, -; Sd R, cl R to L, bk R trng to SCP, -; Fwd L, -, fwd R, -;

9 - 12 TWO TRNG TWO STEPS BFLY;; TWIRL 2; WK 2 BFLY;

9 - 10 [Two Trng 2 Stps] Sd L, cl R to L, stp diag X line of prog pvt $\frac{1}{2}$ RF on L, -; Sd R, cl L to R, sd R pvt $\frac{1}{2}$ RF on R, - (Sd R, cl L to R, sd R pvt $\frac{1}{2}$ RF on R, -; Sd L, cl R to L, stp diag X line of prog pvt $\frac{1}{2}$ RF on L, -;) BFLY/WALL -;

11 - 12 [Twirl 2] Sd L, - XRB, - (sd R commence RF trn under ld hnds, -, fwd & sd L completing RF trn to fc ptr, -);
[Wk 2] Trng to SCP fwd L, -, fwd R, - to BFLY/WALL;

REPEAT PART BPART D**1 -- 4 TWO TRNG TWO STEPS FC LOD;; TWO PROG SCIS;::**

1 - 2 [Two Trng 2 Stps] Sd L, cl R to L, stp diag X line of prog pvt $\frac{1}{2}$ RF on L, -; Sd R, cl L to R, sd R pvt $\frac{1}{4}$ RF on R, - (Sd R, cl L to R, sd R pvt $\frac{1}{2}$ RF on R, -; Sd L, cl R to L, stp diag X line of prog pvt $\frac{1}{4}$ RF on L, -;) to CP/LOD -;

3 - 4 [Prog Scis] Sd L, Cl R to L, XLIF to SCAR, -; Blend to Fc Sd R, Cl L to R, XRIIF to BJO, - Fc DLC;

5 -- 8 WHALETAIL;; FWD HITCH; HITCH/SCIS SCP;

5 - 6 [Whaletail] XLIB w/fwd Prog, Fwd R, Fwd L, XRB w/fwd Prog; Sd & fwd L, small fwd R w/slight LF rotation, XLIB w/fwd Prog, Fwd R;

7 - 8 [Fwd Hitch] Fwd L, cl R to L, bk L, -; [Hitch/Scis] Bk R, cl L to R, fwd R trng RF, - (fwd L commence RF trn, cl R to L, XLIF, -;) to SCP/LOD;

9 - 12 TWO TRNG TWO STEPS FC LOD;; TWO PROG SCIS;::

9 - 10 Repeat Meas 1 & 2, Part D;;

11 - 12 Repeat Meas 3 & 4, Part D;;

13 - 16 WHALETAIL;; FWD HITCH; HITCH/SCIS FC CP/WALL;

13 - 14 Repeat Meas 5 & 6, Part D;;

15 - 16 Repeat Meas 7 & 8, Part D;;

Repeat C

Repeat B

END**1 -- 4 HITCH APT; SCIS THRU CP; SD, DRAW, CL; SD LUNGE, TWIST;**

1 - 2 [Hitch Apt] Repeat Meas, 9, Part A; [Scis Thru] Sd L, cl R to L, XLIF to CP/WALL, -;

3 - 4 [Sd, draw, cl] Sd L, draw R to L, cl R, -; [Sd Lunge & Twist] Lunge sd L, -, twist upper body LF to look at Ptr, (Leg Crawl Optional) -;