

Dream A Little Dream Of Me



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Music: CD "The Essential Slow Foxtrot Collection" CD 1 Track #14 Artist: Al Martino
or Special CD "Shall We Round Dance 17" available from choreographers

Suggested speed: 28MPM (as on Special CD)
Footwork: Opposite, directions for man (lady as noted) [Note: Timing indicates weight changes only]
Rhythm & Phase: Foxtrot V (3 Phase V figures: Check & Weave, Double Reverse Spin, Syncopated Whisk)
Sequence: Intro A A B A C B A End Released: August, 2009

Meas INTRO

- 1-4 **WAIT;; QK DIAMOND 4; DIP BK & REC;**
1-2 Wait 2 meas in CP M fcg DRW lead ft free;
QQQQ 3 **{Qk Diamond 4}** Fwd L comm trng LF 1/4, cont trng LF sd R twd DRW, bk L, bk R end CP M fcg
DLW;
SS 4 **{Dip Bk & Rec}** Bk L flexing knee, -, rec R, -;

PART A

- 1-8 **REV WAVE; CHECK & WEAVE;; THREE STEP; HALF NAT; CLOSED IMPETUS; FEATHER FIN;
DBL REV SPIN;**
1 **{Rev Wave}** CP M fcg DLW fwd L comm trng LF 1/2, -, con trng LF sd & bk R, bk L (W bk R
comm trng LF, -, cont trng LF on R-heel cl L, fwd R) end CP M fcg DRC;
SQQ 2-3 **{Check & Weave}** Bk R w/ checking motion, -, rec L, sd & bk R twd DLC; Bk L ptr outside, bk R
QQQQ in CP, trng LF sd & fwd L twd DLW, fwd R outside ptr end BJO M fcg DLW;
4 **{Three Step}** Assuming CP fwd L, -, fwd R, fwd L end CP M fcg DLW;
5 **{Half Nat}** Fwd R comm trng RF, -, cont trng RF sd & bk L, bk R (W bk L comm trng RF, -, cont
trng RF on L-heel cl R, fwd L) end CP M fcg RLOD;
6 **{Closed Impetus}** Bk L comm trng RF, -, cont trng RF on L-heel cl R, sd & bk L (W fwd R comm
trng RF, -, cont trng RF sd & fwd L around M, fwd R) end CP M fcg DLW;
7 **{Feather Fin}** Bk R, -, slightly trng LF sd & fwd L twd DLC, fwd R outside ptr end BJO M fcg DLC;
SQ- 8 **{Dbi Rev Spin}** Fwd L comm trng LF, -, cont trng sd & fwd R around W, spinning LF on R tch L
(W SQ&Q) (W bk R comm. trng LF, -, cont trng LF on R-heel cl L/sd & fwd R around M, cont trng LF on R
XLIF) end CP M fcg DLW;

PART B

- 1-8 **HOVER TELEMAR; OPEN NAT; IMPETUS TO SCP; WHIPLASH; BK WHISK; SYNC WHISK;
PROM WEAWE;;**
1 **{Hover Telemark}** CP M fcg DLW fwd L, -, sd & fwd R comm trng RF, cont trng RF on R sd &
fwd L leading W trn RF (W bk R, -, sd & bk L comm trng RF, cont trng RF sd & fwd R) end SCP
fcg DLW;
2 **{Open Nat}** Thru R comm trng body RF, -, cont trng RF sd & bk L, bk R w/ R-shoulder lead (W
thru L, -, comm trng body RF fwd R, fwd L w/ L-shoulder lead) end BJO M fcg RLOD;
3 **{Impetus to SCP}** Bk L ptr outside comm trng RF, -, cont trng RF on L-heel cl R, cont trng RF sd
& fwd L twd DLC (W fwd R comm trng RF, -, cont trng RF sd & fwd L around M, cont trng RF sd &
fwd R) end SCP fcg DLC;
S-- 4 **{Whiplash}** Thru R slightly trng body LF, -, extend L fwd without weight, - (W thru L trng LF to fc
M, -, extend R sd & bk without weight, -) end BJO M fcg DLC;
5 **{Bk Whisk}** Bk L ptr outside, -, sd & bk R, XLIB leading W trn RF (W fwd R outside ptr, -, comm
trng sd & bk L, cont trng RF XRIB) end SCP fcg DLC
SQ&Q 6 **{Sync Whisk}** Thru R, -, trng RF to fc ptr cl L/sd R, trng body LF XLIB end SCP fcg DLC;
SQQ 7-8 **{Prom Weave}** Thru R comm trng LF, -, cont trng LF fwd L twd DLC, cont trng LF sd R (W thru L
QQQQ comm trng LF, -, cont trng LF sd & bk R, cont trng LF sd L); Cont trng LF bk L ptr outside, cont
trng LF bk R momentary in CP M fcg DRW, cont trng LF on R sd & fwd L twd DLW, fwd R outside
ptr (W cont trng LF fwd R outside ptr, cont trng LF fwd L, cont trng trng LF on L sd & bk R, bk L
ptr outside) end BJO M fcg DLW;

PART C

- 1-8 FULL DIAMOND TRN;;; WHISK; FEATHER; TELEMAR TO SCP; FEATHER;
- 1-4 {Full Diamond Trn} CP M fcg DLW fwd L comm trng LF 1/4, -, cont trng LF sd R, bk L ptr outside end BJO M fcg DLC; Bk R comm trng LF 1/4, -, cont trng LF sd L, fwd R outside ptr end BJO M fcg DRC; Fwd L comm trng LF 1/4, -, cont trng LF sd R, bk L ptr outside end BJO M fcg DRW; Bk R comm trng LF 1/4, -, cont trng LF sd L, fwd R outside ptr end BJO M fcg DLW
- 5 {Whisk} Fwd L, -, sd R, trng LF XLIB end SCP fcg DLC;
- 6 {Feather} Thru R, -, fwd L, fwd R outside ptr (W thru L, -, trng LF to fc M sd & bk R, bk L ptr outside) end BJO M fcg DLC;
- 7 {Telemark to SCP} Fwd L comm trng LF, -, cont trng LF sd & fwd R around W, cont trng LF to fc DLW sd & fwd L (W bk R comm trng LF, -, cont trng LF on R-heel cl L, cont trng LF sd & fwd R) end SCP fcg DLW;
- 8 {Feather} Thru R, -, fwd L, fwd R outside ptr (W thru L, -, trng LF to fc M sd & bk R, bk L ptr outside) end BJO M fcg DLW;

END

- 1-6+ FULL DIAMOND TRN;;; HOVER TELEMAR; THRU SD; QK OVERSWAY..
- 1-4 {Full Diamond Trn} CP M fcg DLW repeat Meas 1-4 of PART C end BJO M fcg DLW;;;
- 5 {Hover Telemark} Repeat Meas 1 of PART B end SCP fcg DLW;
- SS-- 6+ {Thru Sd to Qk Oversway} Thru R, -, trng RF to fc ptr sd L w/ slight sway to L, -; Qk sway chg to R, -;