

Hey There

CHOREO: Shawn and Wendy Cavness, 34403 56th Ave So., Auburn, WA 98001
(253) 929-8161 shawn@rounddancing.org www.rounddancing.org
RECORD: Song Name: Hey There Artist: Tanzorchester Klaus Hallen feat. Keith Miller
CD: Evergreens For Dancing
Download from Casa-Musica.com Time: 2:43 as Downloaded
Sample Music: [Hey There \(Slow Fox / 29 BPM\) \(youtube.com\)](https://www.youtube.com/watch?v=...)
MUSIC MODIFICATIONS: None
FOOTWORK: Woman Opposite unless noted (Women's footwork in Parentheses)
RHYTHM: Foxtrot Roundalab Phase 3 DIFFICULTY: Easy
SEQUENCE: Intro, A, B, C, A, B, C, End RELEASED: April 15, 2024

New Dancer Series from Shawn and Wendy Cavness Dance 11

This is a dance that we teach our beginning Foxtrot students after about 3 lessons.

Intro

1-4 OP fcg ptr DLW – Wait 2 Meas ; ; Apart Point ; Together Touch to CP ;

(1-2) OP fcg ptr DLW – wait 2 meas ; ;

(3-4) apt L, -, pt R twd ptr, - ; rec R, -, tch L to CP WALL, - ;

Part A

1-4 Hover to BJO ; Maneuver to CP DRW ; Impetus to SCP DLC ; Through and Chasse to SCP ;

(1-2) fwd L, -, fwd and slightly sd R rising to ball of foot, sd and slightly L to tight BJO ; fwd R beg RF upr bdy trn, -, cont RF trn sd L, cl R (bk L beg RF upr bdy trn, -, sd R, cl L) to CP DRW ;

(3-4) comm RF upper body trn bk L, -, cl R cont RF heel turn 3/8, comp trn fwd L (comm RF upper body trn fwd R between ptr's feet heel to toe pivoting RF 1/2, -, sd and fwd L cont RF trn around man brush R to L, comp trn fwd R) to SCP DLC ; thru R, -, sd L/cl R, sd L to SCP ;

5-8 Through and Chasse to BJO ; Maneuver to CP DRW ; 2 Right Turns to DLC ; ;

(5-6) thru R, -, sd L/cl R, sd L to BJO ; fwd R beg RF upr bdy trn, -, cont RF trn sd L, cl R (bk L beg RF upr bdy trn, -, sd R, cl L) to CP DRW ;

(7-8) bk L comm trn up to 1/4 RF, -, sd R cont RF trn up to 1/4, cl L ; fwd R comm trn up to 1/4 RF, -, sd L con RF trn up to 1/4 to CP DLC, cl R ;

9-12 2 Left Turns ; ; Hover to SCP ; Through Hover to BJO ;

(9-10) fwd L comm up to 1/4 LF trn, -, cont trn up to 1/8 sd R diag across LOD, cl L ; bk R comm up to 1/4 LF trn, -, cont trn up to 1/8 sd L twd LOD to CP DLW, cl R ;

(11-12) fwd L, -, fwd and slightly sd R rising to ball of foot, sd and slightly L to tight SCP DLC ; thru R, -, sd L with rise, rec R (thru L, comm trn LF fwd R with rise, rec fwd L) to BJO ;

- 13-16 **Back to a Back Lock Back ; Back Hover to SCP ; Through and Chasse to SCP ; Pickup to SCAR ;**
(13-14) bk L , - , bk R/XLib , bk R ; bk L , - , comm trn RF bk and sd R with rise , rec sd and fwd L (fwd R , sd and fwd L with rise , rec fwd R) to SCP ;
(15-16) thru R , - , sd L/cl R , sd L to SCP ; thru R comm LF trn leading ptr to CP , - , sd and fwd L comp trn , cl R (thru L comm LF trn to CP , sd and bk R comp trn , cl L) to SCAR ;

Part B

1-4 Cross Hover 3 Times to SCP ; ; ; Through Face Close to CP ;

- (1-2) fwd L with slight crossing action comm to rise and beg 1/4 LF trn , - , sd and slightly fwd R cont to rise and comp the 1/4 LF trn , diag fwd L to BJO lowering at end of step (bk R with slight Xing action comm to rise in body and beg 1/4 LF turn , - , sd and slightly bk L cont to rise and comp 1/4 LF turn , diag bk to BJO lowering at and of step) to BJO ; fwd R with slight crossing action comm to rise and beg 1/4 RF trn , - , sd and slightly fwd L cont to rise and comp the 1/4 RF trn , diag fwd R to SCAR lowering at end of step (bk L with slight Xing action comm to rise in body and beg 1/4 RF turn , - , sd and slightly bk R cont to rise and comp 1/4 RF turn , diag bk to BJO lowering at and of step) to SCAR ;
(3-4) fwd L with slight crossing action comm to rise and beg 1/4 LF trn , - , sd and slightly fwd R cont to rise and comp the 1/4 LF trn , diag fwd L to SCP lowering at end of step (bk R with slight crossing action comm to rise in body , - , sd and slightly bk L cont to rise , diag bk to SCP lowering at and of step) to SCP DLC ; thru R twd DLC , - , fwd and sd L trng twd ptr to CP DLW , cl R ;

5-8 Closed Hover ; Box Finish to DLC ; 2 Left Turns to DLW ; ;

- (5-6) fwd L , - , fwd and slightly sd R rising to ball of foot , sd and slightly L to tight CP DLW ; bk R comm 1/4 LF trn , - , sd L , cl R to DLC ;
(7-8) fwd L comm up to 1/4 LF trn , - , cont trn up to 1/8 sd R diag across DLC , cl L ; bk R comm up to 1/4 LF trn , - , cont trn up to 1/8 sd L twd LOD to CP DLW , cl R ;

Part C

1-4 Left Turning Box ; ; ; ;

- (1-2) fwd L comm 1/4 LF trn , - , comp trn sd R to fc DLC , cl L ; bk R comm 1/4 LF trn , - , comp trn sd L to fc DRC , cl R ;
(3-4) fwd L comm 1/4 LF trn , - , comp trn sd R to fc DRW , cl L ; bk R comm 1/4 LF trn , - , comp trn sd L to DLW WALL , cl R ;

5-8 Whisk ; Through and Chasse to BJO ; Forward to a Forward lock Forward ; Maneuver ;

- (5-6) fwd L , - , fwd and sd R comm rise to ball of foot , XLib cont to full rise on ball of foot to SCP ; thru R , - , sd L/cl R , sd L to BJO ;
(7-8) fwd R , - , fwd L/XRib , fwd L ; fwd R beg RF upr bdy trn , - , cont RF trn sd L , cl R (bk L beg RF upr bdy trn , - , sd R , cl L) to CP DRW ;

9-12 2 Right Turns to DLW ; ; Hover to SCP ; Through Face Close to CP DLW ;

- (9-10) bk L comm trn up to 1/4 RF , - , sd R cont RF trn up to 1/4 , cl L ; fwd R comm trn up to 1/4 RF , - , sd L con RF trn up to 1/4 to CP DLW , cl R ;
(11-12) fwd L , - , fwd and slightly sd R rising to ball of foot , sd and slightly L to tight SCP DLC ; thru R twd DLC , - , fwd and sd L trng twd ptr to CP DLW , cl R ;

Repeat A,B,C

End

1 Side Corte ;

- (1) sd L flexing supporting knee and trn to REV SCP leaving R leg extended with toe pointing to floor , - , - , - ;

Hey There (Head Cues)

Foxtrot Phase 3

Intro: (4) Open Facing – Wait 2 Measures;; Apart Point; Together Touch to CP DLW;

A: (16) Hover to BJO; Maneuver; Impetus to SCP; Through and Chasse to SCP;
Through and Chasse to BJO; Maneuver; 2 Right Turns to DLC; 2 Left Turns to DLW;; Hover to SCP;
Through Hover to BJO; Back to a Back Lock Back; Back Hover to SCP; Through and Chasse to SCP;
Pickup to SCAR;

B: (8) Cross Hover 3 Times to SCP DLC;;; Through Face Close; Closed Hover; Box Finish;
2 Left Turns to DLW;;

C: (12) Left Turning Box;;; Whisk; Through and Chasse to BJO; Forward to a Forward Lock Forward;
Maneuver; 2 Right Turns;; Hover to SCP; Through Face Close

A: (16) Hover to BJO; Maneuver; Impetus to SCP; Through and Chasse to SCP;
Through and Chasse to BJO; Maneuver; 2 Right Turns to DLC; 2 Left Turns to DLW;; Hover to SCP;
Through Hover to BJO; Back to a Back Lock Back; Back Hover to SCP; Through and Chasse to SCP;
Pickup to SCAR;

B: (8) Cross Hover 3 Times to SCP DLC;;; Through Face Close; Closed Hover; Box Finish;
2 Left Turns to DLW;;

C: (12) Left Turning Box;;; Whisk; Through and Chasse to BJO; Forward to a Forward Lock Forward;
Maneuver; 2 Right Turns;; Hover to SCP; Through Face Close

End: (1) Side Corte;