



MAC GREGOR RECORDS

RDTA of SoCal
Aug 2011 (Classic)

Presented by: Anita Froehlich w/Ed Patrick

IN MY DREAMS - MGR 5013-A

RELEASE DATE:
JULY 1970

CHOREOGRAPHY BY: EDDIE & AUDREY PALMQUIST

PRODUCED BY: RALPH MAXHIMER

Ph IV+1
WZ (dbl Rev)

HOF
1977

POSITION: Intro-OP facing; Dance-CP M fac wall
FOOTWORK: Opposite except where noted (Meas 11-15), directions for M (printed in U.S.A.)

MEASURES

INTRODUCTION

1 - 4 (OP facing) WAIT; WAIT; APT, PT., TOG, TCH, - (CP M fac wall);

DANCE

- 1 - 4 (Whisk) FWD, SIDE, XIB (WXIB) SCP fac LOD; (Wing) FWD, DRAW, TCH (W LRL to SCAR M fac LOD); FWD, FACE PT, BJO CHECK (M fac RLOD); BK, BK/LOCK, BK;
- 1 (Whisk) CP M fac wall fwd L, diag fwd & side twd RLOD on R, XLIB of R up on toes & do not cross tightly at ankles (W XIB) end SCP fac LOD;
- 2 (Wing) Fwd R small step, draw L to R, tch no weight (W steps LRL to SCAR M fac LOD);
- 3 M fwd L twd LOD turning 1/2 LF fac COH, with straight leg Point R toe twd LOD (W bwd R twd LOD trn 1/2 LF to fac Ptnr & wall, Point L toe twd LOD), Trn to Mod Bjo fac RLOD checking fwd on M's R (W kb on L);
- 4 (Mod Bjo) Bk L twd LOD, Bk R 1/2 ct/XLIF 1/2 ct (WXIB), Bk R end fac RLOD in Mod Bjo;
- 5 - 8 BJO PIVOT, SCP, FWD; M MANUV, 2, 3; (Spin Turn) PIVOT, 2, RECOV (fac LOD); (1/2 box) BK, SIDE, CLOS;
- 5 (Bjo fac RLOD) RF Bjo pivot L, R, to SCP fac LOD, fwd L (M should not travel on 2nd step of pivot);
- 6 M Manuv R, L, R to fac RLOD in CP;
- 7 (Spin Turn) CP fac RLOD M bk L pivot 1/2 RF to fac LOD, fwd R rising up on toe leave L leg extended, recover L (W fwd R pivot 1/2 fac RLOD, Bk L allowing R toe swing bk to tch beside L, fwd R);
- 8 (1/2 box) Bk R, side L, close R to L end fac LOD in CP;
- 9 - 12 (CP fac LOD) FWD, FWD BALANCE UP, RECOVER; BK, PT, - (W trn LF to Skaters Pos L, R, Pt L); CROSS OUT, 2, 3; CROSS IN, 2, 3;
- 9 (CP fac LOD) Fwd L, Fwd R rising on toe checking fwd motion leaving L leg extended, Recover bk L;
- 10 M kb R long step, with straight leg point L toe diag fwd COH & LOD, hold 1 ct (W trn 1/2 LF to Skirt Skaters Pos L, R, Point L diag fwd in front of M);
- 11 - 12 (Skirt Skaters Pos) Progress LOD starting L foot for both Cross out (twd wall), 2, 3; Cross in (twd COH), 2, 3;
- 13 - 16 FWD, FWD BAL UP, REC; BK, PT, -; WALTZ FWD, 2, 3 (W spin LF, 2/3, 3 to CP) WALTZ FWD, 2, 3;
- 13 (Skirt Skaters Pos identical footwork) Fwd L for both, fwd R rising up on toe checking fwd action leave L leg extended, Recover L;
- 14 Back R, Point L diag LOD & COH, hold 1 ct;
- 15 M waltz fwd small steps L, R, L (W spins LF 1 1/2 trns to CP L, R/L, R);
- 16 (CP Opposite footwork) CP fac LOD waltz fwd R, L, R (W waltz bk L, R, L);
- 17 - 20 (Open Telemark) FWD, AROUND TO SCP, FWD (SCP fac wall); DIP FWD, RECOV (CP), BK TURN (LF) (FAC LOD); FWD TURN (LF) fac COH, SIDE, DRAW (Mod Bjo); BK, BK/LK, BK;
- 17 (Open Telemark) CP fac LOD Fwd L trning 1/2 LF fac COH, side R in LOD slightly around W continue turn to fac wall in SCP leaving L leg extended, fwd twd wall on L (W bk R trning 1/2 LF on R heel bringing L ft to R (no wt), transfer wt to L while trning to SCP fac wall, Fwd R twd wall in SCP);
- 18 (SCP fac wall) Fwd R twd wall relaxing R knee in a fwd dip, (Slip Pivot) Rec L (CP M fac wall), Bk R (trning LF to fac LOD) (W rec R at same time pivoting LF to CP M fac wall allowing L ft to cross over R out of M's way, Fwd L continuing LF turn to CP M fac LOD);
- 19 Fwd L (continuing LF turn to fac COH), side R (LOD), Draw L to R (no wt) blending to Mod Bjo M fac RLOD;
- 20 (Mod Bjo) Bk L twd LOD, Bk R 1/2 ct/XLIF 1/2 ct (WXIB), Bk R (Mod Bjo M fac RLOD)
- 21 - 24 BJO PIVOT, SCP, FWD; M MANUV, 2, 3; (Spin Turn) PIVOT, 2, RECOV (CP fac LOD); (1/2 box) BK, SIDE, CLOS;
- 21 (Bjo M fac RLOD) RF Bjo pivot, L, R to SCP fac LOD, fwd L (M should not travel on 2nd step of pivot);
- 22 M Manuv R, L, R to fac RLOD in CP;
- 23 (Spin Turn) CP fac RLOD M bk L pivot 1/2 RF to fac LOD, fwd R rising up on toe leave L leg extended, recover L (W fwd R pivot 1/2 fac RLOD, Bk L allowing R toe swing bk to tch beside L, fwd R);
- 24 (1/2 box) Bk R, side L, close R to L end fac LOD in CP;
- 25 - 28 (Dble Reverse Spin 3/4) FWD TURN, AROUND, TCH SPIN (CP fac wall); (Hover) FWD, SIDE, RECOVER; THRU (CP fac wall), SIDE/CLOS, SIDE (Mod Bjo); MANUV, 2, 3 (CP fac RLOD)
- 25 (Dble Reverse Spin 3/4) CP M fac LOD M fwd L turning 1/2 LF to fac COH, Step R LOD slightly around W, bringing L to R (tch) rise high on R toe spin LF to fac wall CP (W bk R trning 1/2 LF on R heel bringing L ft. to R no wt (as in Telemark), transfer wt to L while continuing turn, step swd R (Q) ard M, continue turn on R ft allow L ft to XIF of R (Q) taking wt on L-footwork for W R, L, R/L;
- NOTE: In dble reverse spin M may keep slight pressure on L toe to maintain balance in spin. It is important to stank tall.)
- 26 (Hover) CP fac wall Fwd L, diag fwd & side twd RLOD on R up on toes leave L leg extended, Recover on L to SCP fac LOD;
- 27 (SCP) Step R thru twd LOD blending to CP M fac wall, step L side LOD (1/2 ct)/close R to L (1/2 ct), Side L blending to Mod Bjo fac LOD;
- 28 M Manuv R, L, R to fac RLOD in CP;
- 29 - 32 (Spin Turn) PIVOT, 2, RECOV (fac LOD); (1/2 box) BK, SIDE, CLOS; LF WALTZ TURN; LF WALTZ TURN (fac wall CP);
- 29 (Spin Turn) CP M fac RLOD M bk L pivot 1/2 RF to fac LOD, fwd R rising up on toe leave L leg extended, recover L (W fwd R pivot 1/2 fac RLOD, Bk L allowing R toe swing bk to tch beside L, fwd R) end CP M fac LOD;
- 30 (1/2 box) Bk R, side L, close R to L end fac LOD in CP;
- 31 - 32 Two LF turning waltzes to end CP M fac wall;

DANCE GOES THRU TWICE

ENDING: After completing measure 32 moving LOD W RF twirl in three steps (RLR); both step thru twd LOD (Bfly), side, clos; Step apart, point, - for final ACK;

IN MY DREAMS Ph IV+1 [dbl rev]
MacGregor 5013-A (flip "A Bit of Heaven")

Waltz (Palmquist)

INTRO A A END

OP fcg WALL

INTRO

Wait 2 meas;; apt pt; tog tch CP;

PART A

Whisk; wing; X-swvl chk BJO/RL0D; bk bk/lk bk;
Imp SCP; manuv; spin turn & box fin;;
Fwd hvr rec; bk - M pt - W turn L to Skaters & pt (L ft); X-out 2-3, X-in 2-3;
Fwd hvr rec; bk pt; fwd wlz - W sync roll L to CP (trail ft); fwd wlz;

Op tele; chair-rec-slip; drag hes; bk bk/lk bk;
Imp SCP; manuv; spin turn; bk 1/2 box;
Dbl rev (Wall); hvr; thru chasse BJO; manuv;
Spin turn & box fin;; 2 L turns (Wall);;

PART A

Whisk; wing; X-swvl chk BJO/RL0D; bk bk/lk bk;
Imp SCP; manuv; spin turn & box fin;;
Fwd hvr rec; bk - M pt - W turn L to Skaters & pt (L ft); X-out 2-3, X-in 2-3;
Fwd hvr rec; bk pt; fwd wlz - W sync roll L to CP (trail ft); fwd wlz;

Op tele; chair-rec-slip; drag hes; bk bk/lk bk;
Imp SCP; manuv; spin turn; bk 1/2 box;
Dbl rev (Wall); hvr; thru chasse BJO; manuv;
Spin turn & box fin;; 2 L turns (Wall);;

END

Twirl vine 3; thru sd clo; apt pt;