

LAST THING ON MY MIND

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CD: 2007 CAP-Sounds, CD Title "The Most Beautiful Songs For Dancing: Magic" (Artist: Vio Friedmann) Track 6 Song Title
"Last Thing On My Mind" or download from internet site such as I Tunes

FOOTWORK: Opposite unless noted (Woman's footwork in parentheses) Time: 3:52

RHYTHM: Rumba RAL PHASE III

DEGREE OF DIFFICULTY: AVERAGE

SEQUENCE: INTRO-A-B-C-B-C-D-C-C(3-12)-D-ENDING

MEAS: INTRODUCTION

1-2 BFLY WALL WAIT 2 MEAS::

1-2 Wait in BFLY WALL w/ ld ft free;;

PART A

1-3 THRU SERPIENTE:: FENCE LINE:

1-2 {Thru Serpiente} BFLY WALL Thru L, sd R, bhd L, fan R cw (W thru R, sd L, bhd R, fan L ccw); Bhd R, sd L, thru R, fan L cw to BFLY WALL (W bhd L, sd R, thru L, fan R ccw);

3 {Fence Line} In BFLY X lun thru L with bent knee look in dir of lun, rec R to face ptr, sd L, -;

4-8 THRU SERPIENTE:: FENCE LINE; BASIC::

4-5 {Thru Serpiente} BFLY WALL Thru R, sd L, bhd R, fan L ccw (W thru L, sd R, bhd L, fan R cw); Bhd L, sd R, thru L, fan R ccw to BFLY WALL (W bhd R, sd L, thru R, fan L cw);

6 {Fence Line} In BFLY X lun thru R with bent knee look in dir of lun, rec L to face ptr, sd R, -;

7-8 {Basic} BFLY WALL Fwd L, rec R, sd L, -; Bk R, rec L, sd R, -;

PART B

1-4 BREAK TO OPEN; PROGRESSIVE WALK 3; VINE APART 3; VINE TOGETHER TO OP;

1 {Break to Open} Behind L to OP LOD, rec fwd R, fwd L, -;

2 {Progressive Walks 3} OP LOD Fwd R, fwd L, fwd R, -;

3 {Vine Apart 3} OP LOD Release hnds mv apt sd L, XRib (W XLib), sd L, -;

4 {Vine Together to OP} Sd R, XLib (W XRib), sd R to OP LOD, -;

5-8 SLIDING DOOR; CUCARACHA TO FACE; NEW YORKER; SPOT TURN;

5 {Sliding Door} OP LOD Rk apt L, rec R release hnds, XLif changing sides crossing in bk of W (W rk apt R, rec L, XRif), -;

6 {Cucaracha to Face} Sd R w/ partial wgt, rec L trn LF, cl R to BFLY COH (W sd L w/ partial wgt, rec R trn RF, cl L), -;

7 {New Yorker} Thru L to LOP LOD, rec R to face ptr, sd L to BFLY COH, -;

8 {Spot Turn} XRif (W XLif) trn 1/2 LF (W RF), rec L cont trn to face ptr, sd R to BFLY WALL, -;

9-12 BREAK TO OPEN; PROGRESSIVE WALK 3; VINE APART 3; VINE TOGETHER TO OP;

9 {Break to Open} Behind L to OP RLOD, rec fwd R, fwd L, -;

10 {Progressive Walks 3} OP RLOD Fwd R, fwd L, fwd R, -;

11 {Vine Apart 3} OP RLOD Release hnds mv apt sd L, XRib (W XLib), sd L, -;

12 {Vine Together to OP} Sd R, XLib (W XRib), sd R to OP RLOD, -;

13-14 SLIDING DOOR; CUCARACHA TO FACE;

13 {Sliding Door} OP RLOD Rk apt L, rec R release hnds, XLif changing sides crossing in bk of W (W rk apt R, rec L, XRif), -;

14 {Cucaracha to Face} Sd R w/ partial wgt, rec L trn LF, cl R to BFLY WALL (W sd L w/ partial wgt, rec R trn RF, cl L), -;

PART C

1-4 CUCARACHA CROSS; END CRAB WALKS; SHOULDER TO SHOULDER; WHIP FC COH;

- 1 {Cucaracha Cross} BFLY WALL Sd L w/ partial wgt, rec R, XLif (W sd R w/ partial wgt, rec L, XRif), -;
- 2 {End Crab Walks} BFLY WALL Sd R, XLif (W XRif), sd R, -;
- 3 {Shoulder to Shoulder} Rk fwd L (W rk bk R) to BFLY SCAR, rec R to face, sd L to BFLY WALL, -;
- 4 {Whip fc COH} Bk R turning 1/4 LF, rec fwd L cont turn 1/4 LF, sd R to BFLY COH (W fwd L outside M on his left side, fwd R turning 1/2 LF, sd L), -;

5-8 1/2 BASIC; UNDERARM TURN; CUCARACHA CROSS; END CRAB WALKS;

- 5 {1/2 Basic} BFLY COH Fwd L, rec R, sd L, -;
- 6 {Underarm Turn} Bk R, rec L, sd R (W XLif trn 1/2 RF under lead hands, rec R cont trn to face ptr, sd L), -;
- 7 {Cucaracha Cross} BFLY COH Sd L w/ partial wgt, rec R, XLif (W sd R w/ partial wgt, rec L, XRif), -;
- 8 {End Crab Walks} BFLY COH Sd R, XLif (W XRif), sd R, -;

9-12 SHOULDER TO SHOULDER; WHIP FC WALL; 1/2 BASIC; UNDERARM TURN;

- 9 {Shoulder to Shoulder} Rk fwd L (W rk bk R) to BFLY SCAR, rec R to face, sd L to BFLY COH, -;
- 10 {Whip fc WALL} Bk R turning 1/4 LF, rec fwd L cont turn 1/4 LF, sd R to BFLY WALL (W fwd L outside M on his left side, fwd R turning 1/2 LF, sd L), -;
- 11 {1/2 Basic} BFLY WALL Fwd L, rec R, sd L, -;
- 12 {Underarm Turn} Bk R, rec L, sd R (W XLif trn 1/2 RF under lead hands, rec R cont trn to face ptr, sd L), -;

PART D

1-6 FWD BASIC; BACK BASIC; CHASE;;;

- 1 {Fwd Basic} BFLY WALL Fwd L, rec R, bk L, -;
- 2 {Back Basic} BFLY WALL Bk R, rec L, fwd R, -;
- 3-6 {Chase} BFLY WALL Fwd L stg 1/2 RF trn, rec R fc COH, fwd L (W bk R no trn, rec L, fwd R), -; Fwd R stg 1/2 LF trn, rec L fc WALL, fwd R (W fwd L stg 1/2 RF trn, rec R fc WALL, fwd L), -; Fwd L, rec R, bk L (W fwd R stg 1/2 LF trn, rec L fc COH, fwd R), -; Bk R, rec L, fwd R to BFLY WALL (W fwd L, rec R, bk L), -;

ENDING

1-2 2 TIME STEPS;;

- 1 {Time Step} Hands not joined extended to side XLib with no body turn (W XRib), rec R, sd L, -;
- 2 {Time Step} Hands not joined extended to side XRib with no body turn (W XLib), rec L, sd R, -;