

LONDON BY NIGHT

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Record: London By Night(Special Pressing)Flip Dancing Quickstep
Sequence: INTRO, A, A, B, A, END PHASE VI SPEED: 45

INTRO

1-4 WAIT 2 MEAS;-; LUNGE AWAY WITH SWAY; SD, DRAW, TCH (W ROLL TO CP);

- 1-2 Wait 2 meas in OP fc LOD;-;
1,2,3 3 Lunge L twd COH with both arms extended to sd and trn twd COH with L sd stretch (W lunge R twd wall with both arms exteded and trn twd wall with R sd stretch) doing the trn slowly taking the full meas;
1,2,3 4 Recov R, draw L to R, tch L to blend CP DC (W roll LF L, R, L to CP trning 1&1/2);

PART A

1-4 ONE LEFT TRN; BK, CHASSE TO BJO; MANUV; OPEN IMPETUS;

- 1,2,3 1 Fwd L commence LF trn, sd & fwd R cont trn, clo L to R to fc RLOD;
1,2,&3 2 Bk R commence LF trn, sd L/clo R, sd L to BJO fc DW;
1,2,3 3 Fwd R trn RF, fwd & sd L cont trn, cl R to L fc RLOD;
1,2,3 4 Bk L commence RF trn, clo R for heel trn, sd & fwd L SCP DC (W fwd R commence RF trn, sd & fwd arnd M L/brush R to L, sd & fwd R in SCP);

5-8 QUICK OPEN REVERSE; BK TO PROMENADE SWAY; CHNG SWAY; FALLAWAY RONDE & SLIP;

- 1,2,3& 5 Fwd R, fwd L trn LF, sd & bk R/ bk L to BJO fc DRC (W bk L, bk R trn LF, sd & fwd L, fwd R to BJO);
1,2,3 6 Bk R to CP commence LF trn, sd & fwd L DW SCP, slowly commence swivel W to CP by stretching L sd up and trning body LF;
1,2,3 7 Cont to trn body LF slowly with more L sd stretch without stopping the rotation for full meas;
1,2,3 8 Quickly trn body twd wall and put wgt on R & ronde L CCW (W replace wgt on L and commence to open head to LOD & ronde R CW), bk L well under the body in SCP, slip the lady to CP trn body LF as R slips behind wgted L foot with toe trn in (W swivel on R to fc M and place wgt fwd onto L in CP);

9-12 CURVING 3-STEP; BK TO HINGE; QK SWIVEL, THRU, SWAY
LINE; EXTEND THE SWAY LINE:

- 1,2,3 9 Fwd L CP DC commence LF trn, fwd R curve LF, fwd L DRC CP;
- 1,2,3 10 Bk R trn LF, sd & fwd L twd DW, lower & trn LF by relaxing L knee trn body 1/8 point R toe to sd (W fwd L, sd & fwd R swivel LF, bk L point R fwd);
- 1,2,3 11 Trn body sharply to wall to SCP staying flexed in the knee (W recov R swiveling RF to SCP), thru R staying low, pt L LOD commence a L sd stretch and LF body rotation (W pt R LOD & start LF swivel);
- 1,2,3 12 Take the full meas to cont to trn body LF rising slightly in the supporting knee as W trns slowly LF closing head to BJO pos(The figure approximates a very slow whiplash to BJO);

13-16 BK HOVER; OPEN NATURAL; OUTSIDE SPIN; TRNING RT
LUNGE, ROLL, & SLIP:

- 1,2,3 13 Bk L commence RF body trn, sd & bk R trning body to SCP with rise, recov L in SCP DW;
- 1,2,3 14 Thru R commence RF trn, sd & fwd L trn RF (W fwd btwn M's feet), sd & bk R to BJO R sd lead fc DRC;
- 1,2,3 15 Cl L to R trning RF, fwd R arnd W trn RF, sd & bk L CP cont RF trn (W fwd R arnd M commence RF toe pivot, bring L toe beside R cont pivot chg wgt, fwd R btwn M's feet) end fc LOD;
- 1,2,3 16 Fwd R btwn W's feet with pivot action RF to lower & rotate to fc DRW with L sd stretch commence to chg sway, chg sway to R sd stretch recov L, slip W to CP trn body LF as R slips behind wgted L foot with toe trn in (W swivel on R to fc M and place wgt fwd onto L in CP);

REPEAT A

PART B

1-4 CLOSED TELEMAR; MANUV; SPIN TRN; BK, CHASSE:

- 1,2,3 1 Fwd L commence LF trn, sd R cont trn, sd & fwd L to BJO DW (W bk R commence LF trn, cl L for heel trn, sd & bk R);
- 1,2,3 2 Fwd R trn RF, fwd & sd L cont trn, cl R to L fc RLOD;
- 1,2,3 3 Bk L pivot RF 1/2, fwd R cont trn by rising to toe & spin 1/8 to DW (W bk L/brush R to L) sd & bk L;
- 1,2&,3 4 Bk R commence LF trn, sd L/clo R, sd L to BJO DC;

- 1,2,3 2 Fwd R trn RF, fwd & sd L cont trn, cl R to L fc RL0D;
 1,2,3 3 Bk L pivot RF 1/2, fwd R cont trn by rising to toe &
 spin 1/8 to DW (W bk L/brush R to L) sd & bk L;
 1,2&,3 4 Bk R commence LF trn, sd L/clo R, sd L to BJO DC;
5-8 QK OPEN REVERSE; BK TO THROWAWAY OVERSWAY;-; HOLD.

CHG TO PROM SWAY:

- 1,2,3& 5 Fwd R in BJO, fwd L commence LF trn, sd R/ bk L in
 in BJO;
 1,2,3 6 Bk R to CP commence LF trn, sd & bk L cont trn,
 swivel W to CP trning body LF both begin to extend
 free leg bk end fcng DW;
 1,2,3 7 Cont to lower & rotate (W extend head well L) to
 throwaway pos never stopping the motion;
 1,2,3 8 Take one more count to cont throwaway, swivel
 body RF keep low in the knee to promenade sway
 SCP;

9-12 SAME FOOT LUNGE LINE; DBL REV; DBL REV; WHISK:

- 1,2,3 9 Rise in L knee as body trns RF (W begin to draw L
 to R), Cl R to L (W fc M no wgt chg), lower & cont
 RF body trn (W pt L thru to LOD with R head);
 &1,2&,3 10 On & ct M trn body LF no chg wgt to fc LOD (W rec
 to L trning to CP ready to step bk for dbl rev)/
 fwd L trn LF, fwd & sd R arnd W commence LF spin
 drawing L twd R, cont LF spin on R bring ball of L
 beside R no wgt (W bk R commence 1/2 LF heel trn
 on R heel with no wgt, cont LF heel trn & chg wgt
 to L/ fwd & sd R arnd M trn LF, lck LIF of R) fc LOD;
 1,2&, 3 11 Repeat dbl rev to fc DW;
 1,2,3 12 Fwd L, fwd & sd R, XLIB of R to SCP DC;

13-16 WEAVE;-; MANUV; HESITATION CHG:

- 1,2,3 13 Fwd R, fwd L trn LF to CP, sd & slightly bk R to DC;
 (W fwd L, sd & bk R to CP, cont trn on R until fc
 LOD then fwd L DC;
 1,2,3 14 Bk L DC to BJO, bk R trn body LF to CP, sd & fwd L
 to BJO fc DW;
 1,2,3 15 Fwd R trn RF, fwd & sd L cont trn,cl R to L fc RL0D;
 1,2,3 16 Bk L trn RF, sd R to fc DC, draw L to R no wgt;

REPEAT A

ENDING

SLOW CONTRA CHECK:

To DC flex R knee step fwd L with R shoulder lead look at W
 (W flex L knee bk R with R sd fwd and look well to L);