

## LOST IN THE FEELING

**CHOREO.:** Susan Healea  
**ADDRESS:** 2803 Louisiana St., Longview, WA 98632  
**MUSIC:** "Lost in the Feeling" by Conway Twitty  
**ALBUM:** "Conway's Latest Greatest Hits, Vol. 1" by Conway Twitty  
**DOWNLOAD:** Available at several Internet download sites  
**FOOTWORK:** Opposite, dir to man, unless noted in parentheses and italics  
**REL. DATE:** April, 2017  
**SEQUENCE:** INTRO-A-BR-A-B-C-C[1-12\*]-B[1-8\*]-END

**PHONE:** 360-423-7423  
**EMAIL:** mscue@hotmail.com  
**RHYTHM:** Waltz  
**RAL PHASE:** II + 2 + 1  
[Box Finish, Side Corte] + [Drifting Box]  
**DIFFICULTY:** Average  
**TIME@100%:** 3:09  
**SUG. SPEED:** 102%

**Amazon music link:** [https://www.amazon.com/Lost-In-The-Feeling/dp/B0013ASDAK/ref=sr\\_1\\_2?s=dmusic&ie=UTF8&qid=1487911303&sr=1-2&keywords=lost+in+the+feeling](https://www.amazon.com/Lost-In-The-Feeling/dp/B0013ASDAK/ref=sr_1_2?s=dmusic&ie=UTF8&qid=1487911303&sr=1-2&keywords=lost+in+the+feeling)

### MEAS.

#### INTRODUCTION

#### **1-4 2 MEAS WAIT CP LOD ; ; SWAY LEFT AND RIGHT ; ;**

- 1-2 [1-2] In CP LOD wait 2 meas ; ;  
3-4 [3] In CP LOD sd L taking partial weight while stretching the L sd of the body [with the head swaying twd the R], cont to transfer weight to the L ft and comm straightening body, comp transfer of weight to L ft with body upright over L ft drawing R ft slightly to L ;  
[4] Sd R taking partial weight while stretching the R sd of the body [with the head swaying twd the L], cont to transfer weight to the R ft and comm straightening body, comp transfer of weight to R ft with body upright over R ft drawing L ft slightly to R ;

#### PART A

#### **1-4 FORWARD TOUCH TWICE ; ; FORWARD WALTZ TWICE ; ;**

- 1-2 [1] In CP LOD fwd L, tch R, - ; [2] Fwd R, tch L, - ;  
3-4 [3] In CP LOD fwd L, fwd and slightly sd R, cl L ; [4] Fwd R, fwd and slightly sd L, cl R ;

#### **5-8 LEFT TURNING BOX [TO CP LOD] ; ; ; ;**

- 5-6 [5] From CP LOD fwd L comm ¼ LF turn, comp LF turn sd R to fc COH, cl L ;  
[6] Bk R comm ¼ LF turn, comp LF turn sd L to fc RLOD, cl R ;  
7-8 [7] From CP RLOD fwd L comm ¼ LF turn, comp LF turn sd R to fc WALL, cl L ;  
[8] Bk R comm ¼ LF turn, comp LF turn sd L to fc LOD, cl R ;

#### **9-12 DRIFTING BOX [TO LEFT OPEN-FCG LOD] ; ; THRU TWINKLE ; THRU FACE CLOSE [TO CP LOD] ;**

- 9-10 [9] In CP LOD fwd L, sd R, cl L ; [10] Releasing contact on trail sd and keeping only lead hands joined bk R (*W bk L*), sd L, cl R to LEFT OPEN-FCG both comm to turn to face slightly twd WALL ;  
11-12 [11] From LEFT OPEN-FCG thru L twd WALL comm LF (*W RF*) turn, sd R cont LF (*W RF*) turn toward ptr and changing to OPEN COH, cl L ;  
[12] Thru R comm RF (*W LF*) turn, fwd and sd L comp RF (*W LF*) turn to CP LOD, cl R ;

#### **13-16 SWAY LEFT AND RIGHT ; ; PROGRESSIVE BOX\* ; ;**

- 13-14 [13] In CP LOD sd L taking partial weight while stretching the L sd of the body [with the head swaying twd the R], cont to transfer weight to the L ft and comm straightening body, comp transfer of weight to L ft with body upright over L ft drawing R ft slightly to L ;  
[14] Sd R taking partial weight while stretching the R sd of the body [with the head swaying twd the L], cont to transfer weight to the R ft and comm straightening body, comp transfer of weight to R ft with body upright over R ft drawing L ft slightly to R ;  
15-16 [15] In CP LOD fwd L, sd R, cl L ;  
[16] Fwd R, sd L, cl R ; \*2<sup>nd</sup> time: end meas 16 in SCAR DLW.

#### BRIDGE

#### **1-2 BOX ; ;**

- 1-2 [1] In CP LOD fwd L, sd R, cl L ; [2] Bk R, sd L, cl R ;

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**PHASE II + 2 + 1 WALTZ [Average]  
BY SUSAN HEALEA**

### PART B

#### **1-4 PROGRESSIVE TWINKLE 3 TIMES ;;; FORWARD TOUCH ;**

- 1-2 [1] From SCAR DLW fwd L with slight crossing action, fwd and sd R turning LF to BJO DLC, cl L (*W bk R, bk and sd L turning LF, cl R*); [2] Fwd R with slight crossing action, fwd and sd L turning RF to SCAR DLW, cl R (*W bk L, bk and sd R turning RF, cl L*);
- 3-4 [3] From SCAR DLW fwd L with slight crossing action, fwd and sd R turning LF to BJO DLC, cl L (*W bk R, bk and sd L turning LF, cl R*); [4] Remaining in BJO DLC fwd R (*W bk L*), tch L, - ;

#### **5-8 BACK PROGRESSIVE TWINKLE 3 TIMES ;;; BOX FINISH [TO CP DLC\*] ;**

- 5-6 [5] From BJO DLC bk L with slight crossing action, bk and sd R turning RF to SCAR DLW, cl L (*W fwd R, fwd and sd L turning RF, cl R*); [6] Bk R with slight crossing action, bk and sd L turning LF to BJO DLC, cl R (*W fwd L, fwd and sd R turning LF, cl L*);
- 7-8 [7] From BJO DLC bk L with slight crossing action, bk and sd R turning RF to SCAR DLW, cl L (*W fwd R, fwd and sd L turning RF, cl R*); [8] Bk R comm LF turn blending to CP, sd L comp LF trn to CP DLC, cl R ;  
\*2<sup>nd</sup> time: end meas 8 in CP LOD and then go to ENDING.

#### **9-11 2 LEFT TURNS [TO CP WALL] ;;; CANTER ;**

- 9-10 [9] From CP DLC fwd L comm LF trn, cont turn sd R diag across LOD, cl L ; [10] Bk R comm LF trn, cont turn sd L toward LOD to CP WALL, cl R ;
- 11 [11] In CP WALL sd L, draw R to L, cl R ;

### PART C

#### **1-4 WALTZ AWAY ; LADY WRAP ; FORWARD WALTZ TWICE ; ;**

- 1-2 [1] From CP WALL blending to trail hands jnd and turning slightly away from ptr fwd L, fwd R, cl L ; [2] Fwd R, fwd L, cl R (*retaining jnd hands W turns LF L, R, L wrapping with the W's L arm in front of her waist and M's R arm behind her waist and joining M's L and W's R hands in front at chest height*) to WRAPPED LOD ;
- 3-4 [3] In WRAPPED LOD fwd L, fwd and very slightly sd R, cl L ; [4] Fwd R, fwd and very slightly sd L, cl R ;

#### **5-8 LACE ACROSS [TO LEFT OPEN LOD] ; FORWARD WALTZ ; LACE BACK [TO OPEN LOD] ; FORWARD FACE CLOSE TO BFLY [WALL] ;**

- 5-6 [5] From WRAPPED LOD releasing trail hands and retaining joined lead hands and passing behind W moving diagonally across Line of Progression fwd L, fwd R to LEFT OPEN LOD, cl L ; [6] Fwd R, fwd and slightly sd L, cl R ;
- 7-8 [7] From LEFT OPEN LOD releasing lead hands and joining trail hands and passing behind W moving diagonally across Line of Progression fwd L, fwd R to OPEN LOD, cl L ; [8] Fwd R comm RF (*W LF*) turn, comp RF (*W LF*) turn to face partner sd L to BFLY WALL, cl R ;

#### **9-12 BALANCE LEFT AND RIGHT ; ; TWIRL VINE ; THRU FACE CLOSE [TO CP WALL] [2<sup>nd</sup> TIME PICKUP TO SCAR DLW\*] ;**

- 9-10 [9] In BFLY WALL sd L, XRib, rec L ; [10] Sd R, XLib, rec R ;
- 11-12 [11] From BFLY WALL releasing trail hands and leading W to turn under lead hands sd L comm slight RF turn, XRib, sd L comm slight LF turn (*W sd and fwd R comm RF turn under joined lead hands, sd and bk L cont RF turn, sd and fwd R comp RF turn*); [12 1<sup>st</sup> time] Thru R comm RF (*W LF*) turn, comp RF (*W LF*) turn to face partner sd L to CP WALL, cl R ; [12 2<sup>nd</sup> time] Thru R (*W thru L comm LF turn in front of M*), fwd and sd L trng RF (*W comp LF trn fwd and sd R*) to SCAR DLW, cl R ;

#### **13-16 CANTER TWICE ; ; BOX ; ;**

- 13-14 [13] In CP WALL sd L, draw R to L, cl R ; [14] Sd L, draw R to L, cl R ;
- 15-16 [15] In CP WALL fwd L, sd R, cl L ; [16] Bk R, sd L, cl R ;

#### **17-20 CANTER TWICE ; ; REVERSE BOX ; ;**

- 17-18 [17] In CP WALL sd L, draw R to L, cl R ; [18] Sd L, draw R to L, cl R ;
- 19-20 [19] In CP WALL bk L, sd R, cl L ; [20] Fwd R, sd L, cl R ;

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### ENDING

- 1-4 FORWARD WALTZ TWICE ; ; DRIFTING BOX [TO LEFT OPEN-FCG LOD] ; ;**  
 1-2 [1] In CP LOD fwd L, fwd and slightly sd R, cl L ; [2] Fwd R, fwd and slightly sd L, cl R ;  
 3-4 [3] In CP LOD fwd L, sd R, cl L ; [4] Releasing contact on trail sd and keeping only lead hands joined bk R (*W bk L*), sd L, cl R to LEFT OPEN-FCG both comm to turn to face slightly twd WALL ;
- 5-8 THRU TWINKLE ; THRU FACE CLOSE [TO CP LOD] ; 2 LEFT TURNS [TO CP WALL] ; ;**  
 5-6 [5] From LEFT OPEN-FCG thru L twd WALL comm LF (*W RF*) turn, sd R cont LF (*W RF*) turn toward ptr and changing to OPEN COH, cl L ;  
 [6] Thru R comm RF (*W LF*) turn, fwd and sd L comp RF (*W LF*) turn to CP LOD, cl R ;  
 7-8 [7] From CP DLC fwd L comm LF trn, cont turn sd R diag across LOD, cl L ;  
 [8] Bk R comm LF trn, cont turn sd L toward LOD to CP WALL, cl R ;
- 9-10 CANTER ; SIDE CORTE ;**  
 9-10 [9] In CP WALL sd L, draw R to L, cl R ;  
 [10] In CP WALL sd L with slight lowering and relaxation of supporting leg and both dancers looking RLOD, -, - ;  
**SMILE ☺**