

MOVES LIKE JAGGER

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MUSIC: "Moves Like Jagger" by Maroon 5 3:21 download Amazon.com
Slowed 8%. adjust for comfort.
RHYTHM: CHA RAL phase IV + 1[dbl Cubans]
FOOTWORK: Opposite unless otherwise indicated.
SEQUENCE: INTRO A B A C B A C BRIDGE B C END Released 4/2012

INTRO

- 1-8 WAIT;; TWIST VINE 8 W/SNAPS;; CHASE;;;;
1-2 Op fcg ptr WALL lead ft free wait;;
3 [TWIST VINE] Sd & bk L, XRIB of L snap fingers, sd & fwd L, XRIF of L snap fingers (W sd & fwd R, XLIF of R snap fingers, sd & bk R, XLIB of L snap fingers);
4 REPEAT MEAS 3 INTRO;
5 [CHASE] Fwd L trng 1/2 RF, rec fwd R to fc COH, fwd L/cl R, fwd L (W bk R, rec L, fwd R/cl L, fwd R);
6 Fwd R trng 1/2 LF, rec fwd L to fc WALL, fwd R/cl L, fwd R (W fwd L trng 1/2 RF, rec fwd R to fc WALL, fwd L/cl R, fwd L);
7 Fwd L, rec R, bk L/cl R, bk L (W fwd R trng 1/2 LF, rec fwd L to fc ptr COH, fwd R/cl L, fwd R);
8 Bk R, rec L, fwd R/cl L, fwd R (fwd L, rec R, bk L/cl R, bk L);

PART A

- 1-4 ALEMANA TO LARIAT 1/2 M FC COH;; FENCE LINE;
1 [ALEMANA] Fwd L, rec R, sd L/cl R, sd L;
2 Bk R, rec L leading W to trn under jnd lead hnds, sd R/cl L sd R (W fwd L trning 1/2 RF undr jnd lead hnds, fwd R cont RF trn to fc ptr, sd L/cl R, sd L to end on M's R sd);
3 [LARIAT 1/2] Keep the lead hnds raised sd L, rec R, in plc L/R trng LF to fc COH, sd L (W fwd R moving CW arnd the M on his R sd, fwd L trng RF to fc ptr WALL, sd R/cl L, sd R) jn both hnds;
4 [FENCELINE] In BFLY COH thru R twd RLOD with bent knee, rec L to fc ptr, sd R/cl L, sd R;
5-8 CRAB WLKS;; SPOT TRN & WHIP;;
5 [CRAB WLKS] COH BFLY XLIF of R, sd R, XLIF of R/sd R, XLIF of R;
6 Sd R, XLIF of R, sd R/cl L, sd R;
7 [SPOT TRN] XLIF of R trng 1/2 RF, rec R cont RF trn 1/2, sd L/cl R, sd L jn both hnds;
8 [WHIP] Bk R comm 1/2 LF trn leading W to XIF of M on his L sd, rec fwd L cont LF trn to fc WALL, sd R/cl L, sd R (W fwd L on M's L sd, fwd R comm LF trn to fc ptr, sd L/cl R, sd L);
9-12 BRK BK TO OP FOR TRIPLE CHAS;; AIDA TO BK TRIPLE CHAS;;
9-10 [BRK BK TO OP TRIPLE CHAS] Release lead hnds bk L trng 1/4 LF to fc LOD, rec fwd R, fwd L/lk RIB of L, fwd L; fwd R/lk LIB of R, fwd R, fwd L/lk RIB of L, fwd L;
11-12 [AIDA BK TRIPLE CHAS] Fwd R trn RF, sd L cont RF trn, bk R/lk LIF of R, bk R to "V"bk/bk pos; bk L/lk RIF of L, bk L, bk R/lk LIF of R, bk R;

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PART A (CONT)

13-16 SWITCH RK; SPOT TRN; SHLDR/SHLDRS;;

- 13 [SWITCH RK] Trng LF to fc ptr sd L bringing jnd hnds thru, rec sd R, sd L/cl R, sd L;
- 14 [SPOT TRN] XRIF of L trng 1/2 LF, rec L cont LF trn 1/2, sd R/cl L, sd R jn both hnds;
- 15-16 [SHLDR/SHLDRS] In BFLY fwd L to SCAR, rec R to fc ptr, sd L/cl R, sd L; Fwd R to BJO, rec L to fc ptr, sd R/cl L, sd R;

PART B

1-4 DBL CUBAN BRKS;; FWD BASIC WRAP; BK BASIC UNWRAP;

- 1 [DBL CUBAN BRKS] In BFLY fcg WALL lead ft free XLIF of R/rec R, sd L/rec R, XLIF of R/rec R, sd L;
- 2 XRIF of L/rec L, sd R/rec L, XRIF of L/rec L, sd R;
- 3 [FWD BASIC WRAP] BFLY WALL fwd L, rec R leading W to trn LF to wrap pos, in plc L/R, L (W bk R, rec L trng 1/2 LF undr raised arms to fc WALL, in plc R/L, R) end in wrap pos both fcg WALL;
- 4 [BK BASIC UNWRAP] Bk R, rec L leading W to trn RF to unwrap, in plc R/L, R (W bk L, rec R trng 1/2 RF under raised arms tofc ptr COH, in plc L/R, L);

5-8 TWIST VINE 8 WITH SNAPS;; CUCA TWICE;;

- 5-6 [TWIST VINE] Lead ft free REPEAT MEAS 3 & 4 INTRO;;
- 7-8 [CUCA X 2] Sd L, rec R, in plc L/R, L; Sd R, rec L, in plc R/L, R;

REPEAT PART A

PART C

1-8 CHASE;;; NYR; SPOT TRN; TIME STEP TWICE;;

- 1-4 [CHASE] REPEAT MEAS 5-8 INTRO;;;;
- 5 [NYR] Jn lead hnds thru L with straight leg opening out to RLOD, rec R to fc ptr, sd L/cl R, sd L;
- 6 [SPOT TRN] XRIF of L trng 1/2 LF, rec L cont LF trn 1/2 fc ptr WALL, sd R/cl L, sd R;
- 7-8 [TIME STEPS] No hnds jnd XLIB of R (W XRIB of L) moving both arms out to the side, rec R, bring arms in sd L/cl R, sd L; XRIB of L(W XLIB of R), rec L moving both arms out to the side, bring arms in sd R/cl L, sd R;

REPEAT PART B

REPEAT PART A

REPEAT PART C

BRIDGE

1 HIP RK 4;

- 1 BFLY WALL lead ft free rk sd L, sd R, sd L, sd R;
REPEAT PART B
REPEAT PART C

END

1-2 BRK BK TO OP; RUMBA AIDA & HOLD;

- 1 [BRK BK TO OP] Bk L trng 1/4 LF to OP LOD, rec fwd R, fwd L/cl R, fwd L;
- 2 [RUMBA AIDA]Through R, sd & bk L trng RF, cont RF trn bk R to "V" bk to bk pos raising trail arms out to the side as music fades, hold;

QUICK CUES

SEQUENCE: INTRO A B A C B A C BRIDGE B C END

INTRO wait;; twist vine 8 w/snaps;; chase;;;;

PART A alemana to lariat ½ M fc COH;;; fence line;
Crab wlk twice to LOD;; spot trn & whip;;
Brk bk to Op for triple chas;; aida to bk triple chas;;
Switch rk; spot trn; shldr/shldr twice;;

PART B dble Cuban brks;; fwd basic to wrap; bk basic to unwrap;
twist vine 8 w/snaps;; cucaracha twice;;

PART A alemana to lariat ½ M fc COH;;; fence line;
Crab wlk twice to LOD;; spot trn & whip;;
Brk bk to op for triple chas;; aida to bk triple chas;;
Switch rk; spot trn; shldr/shldr twice;;

PART C chase;;; NYr; spot trn; time step twice;;

PART B dble Cuban brks;; fwd basic to wrap; bk basic to unwrap;
Twist vine 8 w/snaps;; cucaracha twice;;

PART A alemana to lariat ½ M fc COH;;; fence line;
Crab wlk twice to LOD;; spot trn & whip;;
Brk bk to op for triple chas;; aida to bk triple chas;;
Switch rk; spot trn; shldr/shldr twice;;

PART C chase;;; NYr; spot trn; time step twice;;

BRIDGE hip rk 4;

PART B dble Cuban brks;; fwd basic to wrap; bk basic to unwrap;
Twist vine 8 w/snaps;; cucaracha twice;;

PART C chase;;; NYr; spot trn; time step twice;;

END brk bk to op; rumba aida & hold;