

Old Time Rock & Roll III

Dance By: Bev Oren, 1909 Lobo Court, Riverside, CA 92501, (951) 264-7320, BevQsRnds@aol.com
CD Music: "Greatest Hits" by Bob Segar & The Silver Bullet Band, Track 7 "Old Time Rock & Roll"
"Ultimate Hits: Rock and Roll Never Forgets" by Bob Segar & The Silver Bullet Band, Track 1
MP3 Download: Available through Amazon.com
Rhythm/Phase: Jive, ROUNDALAB Phase III+2 [Amer Spin, Span Arms] +2 Unph [Glide to Side, Trade Places]
Difficulty: Above Average
Footwork: Opposite, directions for M (except where noted)
Sequence: Intro, A, B, C, A, B, C, B, D, B, End

Released: June 2013
Time: 3:22 @ MINUS 3% [43.5 rpm]

INTRO

[CP WALL] **WAIT; WAIT; WAIT; WAIT;**

1-4 Wait four measures in CP WALL;;;

PART A

[CP WALL] **SD, TCH, RT CHASSE; CHG PLCS R to L ~ CHG HDS BEH BK;;**

1 {**Sd, Tch, R Chasse**} Sd L, tch R to L, sd R/cl L, sd R;
2-4 {**Chg Plcs R-L**} Rk bk L to SCP LOD, rec R, sd L/cl R, sd L comm 1/4 LF trn to LOP LOD; Sd & fwd R/cl L, sd R
(*W rk bk R to SCP LOD, rec L, sd R/cl L, fwd R comm 3/4 RF trn under joined lead hnds; Sd & slightly bk L/cl R, sd & bk L*),
{**Chg Hds Beh Bk**} Rk apt L, rec R; Fwd L starting 1/4 LF trn and placing right hnd over W's right hnd/cl R, fwd L releasing left hnd and completing 1/4 LF trn to TANDEM POS in front of W, sd & bk R starting 1/4 LF trn and placing left hnd beh M's back/cl L transferring W's right hnd to M's left hnd behind his back, sd & bk R completing 1/4 LF trn (*W rk apt R, rec L; Fwd R starting 1/4 RF trn/cl L, fwd R completing 1/4 RF trn to TANDEM POS beh M, sd & bk L starting 1/4 RF trn/cl R, sd & bk L completing 1/4 RF trn*) to LOP RLOD;

[LOP RLOD] **Start CHG PLCS L to R and GLIDE to SIDE;; CHG HDS BEH BK ~ RK, REC to BFLY;;**

5 123a4 {**Chg Plcs L-R**} Rk apt L, rec R, sd L/cl R, sd L comm 1/4 RF trn (*W rk apt R, rec L, fwd R/cl L, fwd R comm 3/4 LF trn under joined lead hnds*) to LOP COH;
6 123a4 {**Glide to Sd**} Keeping lead hnds joined extend trail hnds out to side and parallel to the floor sd R, XLIF, sd R/cl L, sd R;
7-8 123a4 {**Chg Hds Beh Bk**} Repeat Meas 2.5-4 PART A to LOP WALL;;,
5a678 {**Rk, Rec**} Rk apt L, rec R to BFLY WALL;

[BFLY WALL] **SAND STEPS w/TRIPLES;; SD, TCH, RT CHASSE;**

9-10 123a4 {**Sand Steps**} Tch L toe to R instep, tch L heel to R instep, XLIF/sd R, XLIF; Tch R toe to L instep, tch R heel to L instep, XRIF/sd L, XRIF;
11 {**Sd, Tch, R Chasse**} Sd L to CP, tch R to L, sd R/cl L, sd R;

[CP WALL] **CHG PLCS R to L ~ KICK BALL CHG;; CHG PLC L to R ~ LINK RK to CP;;**

12-13 123a4 {**Chg Plcs R-L**} Repeat Meas 2-2.5;;,
5a67a8 {**Kick Ball Chg**} Kick L/sip with ball of L foot, cl R;
14-16 {**Chg Plcs L-R**} Rk apt L, rec R, sd L/cl R, sd L comm 1/4 RF trn to LOP WALL; Sd R/cl L, sd R (*W rk apt R, rec L, fwd R/cl L, fwd R comm 3/4 LF trn under joined lead hnds; Sd L/cl R, sd L completing LF trn*),
{**Link Rk**} Rk apt L, rec R; Fwd L/fwd R, fwd L to CP WALL, sd R/cl L, sd R;

PART B

[CP WALL] **FALLAWAY RK ~ FALLAWAY THROWAWAY to R HND SHK [R HND SHK LOD];; TRADE PLACES TWICE;;**

1-5 {**Falwy Rk**} Rk bk L to SCP LOD, rec R to CP WALL, sd L/cl R, sd L; Sd R/cl L, sd R,
{**Falwy Thwy**} Rk bk L to SCP LOD, rec R; Sd L/cl R, sd L, sd R/cl L, sd R comm 1/4 LF trn (*W fwd R trng 1/2 LF in front of M/sd L, cl R, sd & bk L/cl R, sd L*) to R HND SHK LOD;
123a4 {**Trade Plcs**} Rk apt L, rec R releasing hnds comm 1/4 RF trn beh W to temporarily be TANDEM WALL, cont 1/4
123a4 RF trn sd L/cl R, sd & bk L to L HND SHK RLOD; Rk apt R, rec L releasing hnds comm 1/4 LF trn beh W to temporarily be TANDEM WALL, cont 1/4 LF trn sd R/cl L, sd & bk R (*W rk apt R, rec L releasing hnds comm 1/4 LF trn in front of M to temporarily be TANDEM WALL, cont 1/4 LF trn sd R/cl L, sd & bk R to L HND SHK; Rk apt L, rec R releasing hnds comm 1/4 RF trn in front of M to temporarily be TANDEM WALL, cont 1/4 RF trn sd L/cl R, sd & bk L*) to R HND SHK LOD;;

[R HND SHK LOD] **AMER SPIN ~ CHG PLCS L to R to BFLY**;;**

6-8 {**Amer Spin**} Rk apt L, rec R, sd L/cl R, sd L; Sd R/cl L, sd R (*W rk apt R, rec L, sd R/cl L, sd R spinning RF one full trn; Sd L/cl R, sd L*) to LOP LOD,
{**Chg Plcs L-R**} Repeat Meas 14-14.5 PART A to BFLY WALL;;

**Note: Change 3rd & 4th time thru PART B, Meas 6.5-8, blend to CP WALL;;

Old Time Rock & Roll III

Page 2

PART C

[BFLY WALL] SPANISH ARMS ~ LINK RK to CP WALL:::

- 1-3 {Span Arms} Rk apt L, rec R trng RF, sd L/cl R, sd L cont RF trn; Sd R/cl L, sd R (*W rk apt R, rec L trng 1/4 LF, sd R/cl L, sd R trng 3/4 RF; Sd L/cl R, sd L*) to BFLY COH,
{Link Rk} Rk apt L, rec R; Fwd L/fwd R, fwd L trng 1/2 to CP WALL, sd R/cl L, sd R;

[CP WALL] DBL RK; 2 RT TRNG TRIPLES; AMER SPIN ~ LEFT TRNG FALLAWAY:::

- 4-8 1234 {Dbl Rk} Rk bk L to SCP LOD, rec R, rk bk L, rec R;
1a23a4 {R Trng Trpl} Blend to CP comm 1/4 RF trn sd L/cl R, sd L, comm 1/4 RF trn sd R/cl L sd R completing trn to CP COH;
{Amer Spin} Repeat Meas 6-6.5 PART C to LOP COH,;
{L Trng Falwy} Rk bk L to SCP RLOD, rec R to fc; Comm 1/4 LF trn sd L/cl R, complete trn sd L, comm 1/4 LF trn sd R/cl L, sd R completing trn to CP WALL;

PART D

[BFLY WALL] Start RIGHT TRNG FALLAWAY and GLIDE to SIDE:::

- 1 123a4 {R Trng Falwy} Rk bk L to SCP LOD, rec R to fc, comm 1/4 RF trn sd L/cl R, sd L completing trn fc COH;
2 123a4 {Glide to Sd} Repeat Meas 6 PART A;

[LOP WALL] SPANISH ARMS TWICE::: CHG PLCS L to R to LOP WALL ~ RK, REC to CP::: STEP, KICK, RIGHT CHASSE:

- 3-8 {Span Arms 2X} Rk apt L, rec R to BFLY COH trng RF; Sd L/cl R, sd L cont RF trn, sd R/cl L, sd R (*W rk apt R, rec L to BFLY COH trng 1/4 LF; Sd R/cl L, sd R trng 3/4 RF, sd L/cl R, sd L*) to BFLY WALL; Rk apt L, rec R trng RF, sd L/cl R, sd L cont RF trn; Sd R/cl L, sd R (*W rk apt R, rec L trng 1/4 LF, sd R/cl L, sd R trng 3/4 RF; Sd L/cl R, sd L*) to BFLY COH,
123a4 {Chg Plcs L-R} Rk apt L, rec R, sd L/cl R, sd L comm 1/2 RF trn to LOP WALL; Sd R/cl L, sd R (*W fwd R/cl L, fwd R comm 1/2 LF trn under joined lead hnds; Sd L/cl R, sd L completing LF trn*),
5a678 {Rk, Rec} Rk apt L, rec R to CP WALL;
123a4 {Stp, Kick, R Chasse} Step L, kick R outside ptr, sd R/cl L, sd R twd RLOD;

END

[CP WALL] Start RIGHT TRNG FALLAWAY and GLIDE to SIDE::: CHG PLCS L to R to LOP WALL ~ LINK RK to CP:::

- 1 123a4 {R Trng Falwy} Repeat Meas 1 PART D;
2 123a4 {Glide to Sd} Repeat Meas 6 PART A;
3-5 {Chg Plcs L-R} Repeat Meas 3-3.5 PART D ending LOP WALL,;
{Link Rk} Repeat Meas 14.5-16 PART A,;

[CP WALL] RK BK, REC, SWIVEL 2; PT to SD & HOLD:

- 6-7 1234 {Rk Bk, Rec, Swvl} Rk bk L to SCP LOD, rec R, placing each foot directly in front of the other fwd L, fwd R; Point
1 L twd COH (*W point R twd WALL*),-,-,-;