

ROCK & ROLL WALTZ

August 2023

CHOREO: Lloyd & Ruth McKenrick, 13151 SE 120th Street, Ocklawaha, FL 32179
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MUSIC: Rock and Roll Waltz ARTIST: Kay Starr
ALBUM: Hits Collection-The Year that was 1956 Vol.2 TIME: 2:59
Download available at I-Tunes
[Kay Starr - The Rock and Roll Waltz \(Lyrics\) - YouTube](#)
FOOTWORK: Opposite unless noted (Woman's footwork in parentheses)
RHYTHM: WALTZ PHASE: III
SPEED: 42 RPM DIFFICULTY: Average
SEQUENCE: **INTRO A B C D B D ENDING**

INTRODUCTION

1-4 **2 MEAS WAIT;; APT PT; TOG TCH;**
[1-2] OP FC, fc WALL, Lead ft free, **Wait 2 Meas;;**
[3] **APT PT** - bk L,-, pt R,-;
[4] **TOG TCH** - fwd R,-, tch L,-;

PART A

1-4 **BOX;; REV BOX;;**
[1-2] **BOX** - fwd L, sd R, cl L; bk R, sd L, cl R;
[3-4] **REV BOX** - bk L, sd R, cl L; fwd R, sd L, cl R;
5-8 **TWRL VINE 3; THRU FC CL; HVR; PU;**
[5] **TWRL VINE 3** - sd L, XRIB, sd L (W sd & fwd R trng ½ RF undr jnd ld hnds, sd & bk L trng ½, sd R);
[6] **THRU FC CL** - thru R trng to fc ptnr, sd L, cl R;
[7] **HVR** - fwd L, sd & fwd R w/rise ldg W to trn RF to SCP, sd & fwd L to SCP;
[8] **PU** - thru R, fwd & sd L ldg W to CP, cl R fc LOD;
9-12 **2 L TRNS to WALL;; WHISK; PU to SCAR;**
[9-10] **2 L TRNS to WALL** - fwd L trng LF up to ¼, cont trn up to ¼ sd R, cl L; bk R trng LF up to ¼, cont trn up to ¼ sd L, cl R;
[11] **WHISK** - fwd L, sd & fwd R w/rise, hk LIB;
[12] **PU to SCAR** - thru R, fwd & sd L ldg W to SCAR, cl R fc LOD;
13-16 **X HVR 3X to SEMI;;; THRU FC CL;**
[13-15] **X HVR 3X to SCP** - fwd L, sd & fwd R w/rise, rec L to BJO; fwd R, sd & fwd L w/rise, rec R to SCAR; fwd L, sd & fwd R w/rise trng W RF, rec L to SCP;
[16] **THRU FC CL** - thru R trng to fc ptnr, sd L, cl R;

PART B

1-4 **INT BOX;;;;**
[1-4] **INT BOX** - fwd L, sd R, cl L; bk R raising ld hnds, sd L ld W to begin crvg RF undr joint ld hnds, cl R (W fwd L, fwd R commg RF circ, fwd L); fwd L, sd R, cl L (W cont circ fwd R, fwd L, fwd R); bk R, sd L, cl R to CP;
5-8 **BAL L&R;; TWRL VINE 3; PU;**
[5-6] **BAL L&R** - sd L, XRIB rising on toe, rec L; sd R, XLIB rising on toe, rec R;
[7] **TWRL VINE 3** - sd L, XRIB, sd L (W sd & fwd R trng ½ RF undr jnd ld hnds, sd & bk L trng ½, sd R);

- [8] **PU** - thru R, fwd & sd L ldg W to CP, cl R fc LOD;
 9-12 **FWD WALTZ 2X;; 1 L TRN; BKUP WALTZ;**
 [9-10] **FWD WALTZ 2X** - fwd L, fwd R, cl L; fwd R, fwd L, cl R;
 [11] **1 L TRN** - fwd L trng LF up to ¼, cont trn up to ¼ sd R, cl L;
 [12] **BKUP WALTZ** - bk R, bk L, cl R;
 13-16 **2 R TRNS to WALL;; HVR; THRU FC CL;**
 [13-14] **2 R TRNS to WALL** - bk L trng RF up to ¼, cont trn up to ¼ sd R, cl L; fwd R trng RF up to ¼, cont trn up to ¼ sd L, cl R;
 [15] **HVR** - fwd L, sd & fwd R w/rise ldg W to trn RF to SCP, sd & fwd L to SCP;
 [16] **THRU FC CL** - thru R trng to fc ptrn, sd L, cl R;

PART C

- 1-4 **TWST VINE 6;; TWRL VINE 3; PU;**
 [1-2] **TWST VINE 6** - sd L, XRIB (W XLIF), sd L; XRIF (W XLIB), sd L, XRIB;
 [3] **TWRL VINE 3** - sd L, XRIB, sd L (W sd & fwd R trng ½ RF undr jnd ld hnds, sd & bk L trng ½, sd R);
 [4] **PU** - thru R, fwd & sd L ldg W to CP, cl R fc LOD;
 5-8 **2 L TRNS to WALL;; BAL L&R;;**
 [5-6] **2 L TRNS to WALL** - fwd L trng LF up to ¼, cont trn up to ¼ sd R, cl L; bk R trng LF up to ¼, cont trn up to ¼ sd L, cl R;
 [7-8] **BAL L&R** - sd L, XRIB rising on toe, rec L; sd R, XLIB rising on toe, rec R;
 9-12 **TWST VINE 6;; TWRL VINE 3; PU;**
 REPEAT PART C MEAS 1 THRU 4
 13-16 **2 L TRNS to WALL;; BAL L&R to SEMI;;**
 REPEAT PART C MEAS 5-8 to SCP

PART D

- 1-4 **RUN 3; CHAIR REC TCH; THRU SD BHD; ROLL 3;**
 [1] **RUN 3** - fwd L, fwd R, fwd L;
 [2] **CHAIR REC TCH** - fwd R bending knee, rec L to fc, tch R;
 [3] **THRU SD BHD** - thru R trng to fc ptrn, sd L, bhd R;
 [4] **ROLL 3** - trng LF fwd L, cont trn sd R, cont trn bk & sd L to fc ptr;
 5-9 **THRU SD BHD; RK SD REC X; RK SD REC X; VINE 6 SYNC ENDG;;**
 [5] **THRU SD BHD** - thru R trng to fc ptrn, sd L, bhd R;
 [6] **RK SD REC X** - rk sd L, rec R, X LIFR;
 [7] **RK SD REC X** - rk sd R, rec L, X RIFL;
 [8-9] **VINE 6 SYNC ENDG** - sd L, XRIB (W XLIB), sd L; XRIF (W XLIF), sd L-XRIB, sd L;
 10-14 **THRU FC CL; HVR; FWD HVR BJO; BK HVR SEMI; THRU FC CL;**
 [10] **THRU FC CL** - thru R trng to fc ptrn, sd L, cl R;
 [11] **HVR** - fwd L, sd & fwd R w/rise ldg W to trn RF to SCP, sd & fwd L to SCP;
 [12] **FWD HVR BJO** - fwd R, fwd L w/rise, rec R to BJO;
 [13] **BK HVR SEMI** - bk L, bk & sd R w/rise (W fwd & sd L w/rise trng RF), rec L to SCP;
 [14] **THRU FC CL** - thru R trng to fc ptrn, sd L, cl R;

REPEAT PART B**REPEAT PART D**

ENDING

- 1-4 **BOX;; REV BOX;;**
 [1-2] **BOX** - fwd L, sd R, cl L; bk R, sd L, cl R;
 [3-4] **REV BOX** - bk L, sd R, cl L; fwd R, sd L, cl R;
- 5-6 **TWRL VINE 3; CHAIR;**
 [5] **TWRL VINE 3** - sd L, XRIB, sd L (W sd & fwd R trng ½ RF undr jnd ld hnds, sd & bk L trng ½, sd R);
 [6] **CHAIR** - fwd R bending knee,,;

QUICK CUES

- INTRO:** OP FC, FC WALL, LEAD FT FREE, **2 MEAS WAIT;;**
APT PT; TOG TCH;
- PART A:** **BOX;; REV BOX;;**
TWRL VINE 3; THRU FC CL; HVR; PU;
2 L TRNS to WALL;; WHISK; PU to SCAR;
X HVR 3X to SEMI;;; THRU FC CL;
- PART B:** **INT BOX;;;;**
BAL L&R;; TWRL VINE 3; PU;
FWD WALTZ 2X;; 1 L TRN; BKUP WALTZ;
2 R TRNS to WALL;; HVR; THRU FC CL;
- PART C:** **TWST VINE 6;; TWRL VINE 3; PU;**
2 L TRNS to WALL;; BAL L&R;;
TWST VINE 6;; TWR VINE 3; PU;
2 L TRNS to WALL;; BAL L&R to SEMI;;
- PART D:** **RUN 3; CHAIR REC TCH; THRU SD BHD; ROLL 3;**
THRU SD BHD; RK SD REC X; RK SD REC X; VINE 6 SYNC ENDG;;
THRU FC CL; HVR; FWD HVR BJO; BK HVR SEMI; THRU FC CL;
- PART B:** **INT BOX;;;;**
BAL L&R;; TWRL VINE 3; PU;
FWD WALTZ 2X;; 1 L TRN; BKUP WALTZ;
2 R TRNS to WALL;; HVR; THRU FC CL TO SEMI;
- PART D:** **RUN 3; CHAIR REC TCH; THRU SD BHD; ROLL 3;**
THRU SD BHD; RK SD REC X; RK SD REC X; VINE 6 SYNC ENDG;;
THRU FC CL; HVR; FWD HVR BJO; BK HVR SEMI; THRU FC CL;
- END:** **BOX;; REV BOX;;**
TWRL VINE 3; CHAIR;