

# Someone To Watch Over Me III

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**Music:** "Someone To Watch Over Me" by Ross Mitchell, His Band and Singers, on the album "30 Top Foxtrots"  
MP3 download available from amazon.com digital music

**Rhythm & Phase:** Foxtrot Phase III **Original Time:** 2:26

**Footwork:** Opposite (*except where noted*) **Tempo:** as downloaded

**Sequence:** Intro, A, B, C, B(1-14), Ending

**Released:** December 30, 2021 **Revised:** N/A

## Introduction

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**1 – 4 Wait ; Apart Point ; Tog Touch CP WALL ; Hover ;**

1 [Wait 1 Meas] Open Facing partner WALL w/ lead feet free – Wait 1 measure ;

S-- 2 [Apart Point] Apt L, pt R twd ptr, -, - ;

S-- 3 [Tog Touch] Tog L, tch R to CP Wall, -, - ;

4 [Hover] Fwd L, -, fwd & slightly sd R rising, sd L (fwd in SCP) LOD ;

## Part A

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**1 – 4 Thru Chasse SCP ; Thru Hover BJO ; Back Hover SCP ; Thru Chasse SCP ;**

SQ&Q 1 [Thru Chasse SCP] Thru R, -, fwd L/cl R, fwd L to SCP LOD ;

2 [Thru Hover BJO] Thru R, -, fwd L w/ rise & slight LF upper body trn to BJO, rec R (*Thru L, -, fwd R w/ rise & LF trn to BJO & brush, rec L*) ;

3 [Back Hover SCP] Bk L, -, bk & sd R w/ rise & brush w/ slight RF trn to SCP LOD, fwd L in SCP ;

SQ&Q 4 [Thru Chasse SCP] Thru R, -, fwd L/cl R, fwd L to SCP LOD ;

**5 – 8 Maneuver ; Spin Turn ; Back Half Box ; Hover ;**

5 [Maneuver] Thru R comm RF trn, -, sd L comp RF trn to fc partner in CP RLOD, cl R ;

6 [Spin Turn] Comm RF upper body trn bk L pivoting RF, -, Fwd R between W's feet cont trn, sd & bk L DLW ;

7 [Back Half Box] Bk R, -, sd L, cl R DLW ;

8 [Hover] Fwd L, -, fwd & slightly sd R rising, sd L (fwd in SCP) DLC ;

**9 – 12 Thru Chasse BJO ; Maneuver ; 2 Right Turns Wall ;**

SQ&Q 9 [Thru Chasse BJO] Thru R, -, fwd L/cl R, fwd L w/ slight LF upper body trn to BJO LOD ;

10 [Maneuver] Fwd R comm RF trn, -, sd L comp RF trn to fc partner in CP RLOD, cl R ;

11-12 [2 Right Turns Wall] Bk L comm RF trn, -, sd R comp 3/8 RF trn, cl L ; Fwd R comm RF trn, -, sd L comp 3/8 RF trn, cl R WALL ;

**13 – 16 Box ; Quick Side-Close & Dip Back ; Recover & Touch ;**

13-14 [Box] fwd L, -, sd R, cl L ; bk R, -, sd L, cl R ;

QQS 15 [Quick Side-Close & Dip Back] Sd L, cl R, bk L, - ;

S-- 16 [Recover & Touch] Rec R, -, tch L, - ;

## Part B

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**1 – 4 Hover ; Pick Up ; 2 Left Turns Wall ;**

1 [Hover] Fwd L, -, fwd & slightly sd R rising, sd L (fwd in SCP) LOD ;

2 [Pick Up] Thru R trng LF, -, sd L comp LF trn CP LOD, cl R ;

3-4 [2 Left Turns Wall] Fwd L comm LF trn, -, sd R comp 3/8 LF trn, cl L ; Bk R comm LF trn, sd L comp 3/8 LF trn, cl R WALL ;

- 5 – 8 Hover ; Thru Hover BJO ; Back Twisty Vine 4 ; Back Hover SCP ;**  
 5 [Hover] Fwd L, -, fwd & slightly sd R rising, sd L (fwd in SCP) LOD ;  
 6 [Thru Hover Banjo] Thru R, -, fwd L w/ rise & slight LF upper body trn to BJO, rec R (*Thru L, -, fwd R w/ rise & LF trn to BJO & brush, rec L*) ;  
 QQQQ 7 [Back Twisty Vine 4] Bk L, sd R trn to SCAR, Fwd L, sd R trn to BJO ;  
 8 [Back Hover SCP] Bk L, -, bk & sd R w/ rise & brush w/ slight RF trn to SCP LOD, fwd L in SCP ;
- 9 – 14 Thru Chasse BJO ; Fwd Face Close ; Left Turning Box ;;;**  
 9 [Thru Chasse BJO] Thru R, -, fwd L/cl R, fwd L w/ slight LF upper body trn to BJO LOD ;  
 10 [Fwd Face Close] Fwd R, -, sd L blending to CP, cl R WALL ;  
 11-14 [Left Turning Box] Fwd L comm LF trn, -, sd R comp ¼ LF trn, cl L ; bk R comm LF trn, sd L comp ¼ LF trn, cl R ; Fwd L comm LF trn, -, sd R comp ¼ LF trn, cl L ; bk R comm LF trn, sd L comp ¼ LF trn, cl R ;
- 15 – 16 Whisk ; Maneuver ;**  
 15 [Whisk] Fwd L, -, fwd & sd R rising, XLIB R (*XRIB L*) cont rise to tight SCP LOD ;  
 16 [Maneuver] Thru R comm RF trn, -, sd L comp RF trn to fc partner in CP RLOD, cl R ;

## Part C

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- 1 – 4 Spin Turn ; Box Finish ; 2 Left Turns Wall ;;**  
 1 [Spin Turn] Comm RF upper body trn bk L pivoting RF, -, Fwd R between W's feet cont trn, sd & bk L DLW ;  
 2 [Box Finish] bk R comm LF trn, sd L comp ¼ LF trn, cl R DLC ;  
 3-4 [2 Left Turns Wall] Fwd L comm LF trn, -, sd R comp ¼ LF trn, cl L ; Bk R comm LF trn, sd L comp 3/8 LF trn, cl R WALL ;
- 5 – 8 Hover ; Thru Semi Chasse ; Thru Hover BJO ; Back Hover SCP ;**  
 5 [Hover] Fwd L, -, fwd & slightly sd R rising, sd L (fwd in SCP) LOD ;  
 SQ&Q 6 [Thru Semi Chasse] Thru R, -, fwd L/cl R, fwd L to SCP LOD ;  
 QQQQ 7 [Thru Hover Banjo] Thru R, -, fwd L w/ rise & slight LF upper body trn to BJO, rec R (*Thru L, -, fwd R w/ rise & LF trn to BJO & brush, rec L*) ;  
 8 [Back Hover SCP] Bk L, -, bk & sd R w/ rise & brush w/ slight RF trn to SCP LOD, fwd L in SCP ;
- 9 – 12 Thru Chasse BJO ; Maneuver ; 2 Right Turns Wall ;;**  
 9 [Thru Chasse BJO] Thru R, -, fwd L/cl R, fwd L w/ slight LF upper body trn to BJO LOD ;  
 10 [Maneuver] Fwd R comm RF trn, -, sd L comp RF trn to fc partner in CP RLOD, cl R ;  
 11-12 [2 Right Turns Wall] Bk L comm RF trn, -, sd R comp 3/8 RF trn, cl L ; Fwd R comm RF trn, -, sd L comp 3/8 RF trn, cl R WALL ;
- 13 – 16 Box ;; Quick Side-Close & Dip Back ; Recover & Touch ;**  
 13-14 [Box] fwd L, -, sd R, cl L ; bk R, -, sd L, cl R ;  
 QQS 15 [Quick Side-Close & Dip Back] Sd L, cl R, bk L, - ;  
 S-- 16 [Recover & Touch] Rec R, -, tch L, - ;

## Ending

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- 1 – 2 Hover ; Chair ;**  
 1 [Hover] Fwd L, -, fwd & slightly sd R rising, sd L (fwd in SCP) LOD ;  
 S-- 2 [Chair] Lunge thru R, -, -, - ;