# TIME AFTER TIME

Dance By: Dawn Mee, 2626 E. Norm Place, Anaheim, CA 92806, (951) 206-1746, <a href="Dawnadele57@gmail.com">Dawnadele57@gmail.com</a>

**CD Music:** "Time After Time," by The Rookies

MP3 Download: Available through Amazon:

https://amazon.com/music/player/albums/B01F2RWVCU?marketplaceId=ATVPDKIKX0DER&musicTerritory=US&ref=d

m sh 000cXcA77XC35mQHs94xhxMhw&trackAsin=B01F2RWW06 YouTube Audio: https://youtu.be/aEc3nzngxkE?si=Vx19L6tQPyBk7IEL

Rhythm/Phase: West Coast Swing. ROUNDALAB Phase V+0+2 Unph (Rk & Go Left Side Pass,

Over the Head Whip)

Footwork: Opposite, directions for M (except where noted)

Difficulty: Average Download Time: 2:16 @ 100% Download Speed Released: July 10, 2024

Intro, A, B, C, A, B, C, End Special Thanks to Tom Hicks & Cami Nevitt Sequence:

# **INTRO**

## [LOP FCG LOD] WAIT; TOE TAP - 4X;

Wait 4 pickup notes in LOP FCG LOD;

2 Tap L toe DLW, tap L toe DLC, tap L toe DLW, tap L toe DLC (W tap R toe DRW, tap R toe DRC, 1234;

*tap R toe DRW, tap R toe DRC*);

# **PART A**

## [LOP FCG LOD] Start HALF WHIP w/TRNG RK 2 ~ Finish HALF WHIP to LOP FCG LOD;;,, RK & GO LEFT SD PASS,;;

**Start Half Whip w/Trng Rk 2 ~Finish Half Whip**} Bk L, XRIF moving twd ptr's right side to loosed CP, 123&4;

1234; 5&6,, swivel RF on right take sd L with partial weight/rec R cont RF trn with right side twd ptr, sd & bk L to CP having made 1/2 trn; Fwd R between woman's feet pivoting RF 1/4, rec L pivoting RF 1/4 to fc LOD, fwd R, fwd L; Anchor bk R/rec L, bk R (W fwd R, fwd L trng RF 1/2, bk R/cl L, fwd R between M's feet; Bk L pivoting RF 1/4,

rec R between man's feet pivoting RF 1/4, bk L, bk R; Anchor bk L/rec R, bk L) to LOP FCG LOD,

1&2; 345&6; {Rk & Go Left Sd Pass} Rk fwd L/rec R, bk L comm trng LF; Bk R trng LF step out of slot, fwd L bk into slot, anchor bk R/rec L, bk R (W rk bk R/rec L, fwd R; Fwd L, fwd R trng LF to fc ptr, anchor bk L/rec R, bk L) to

LOP FCG RLOD;

# [LOP FCG RLOD] SD WHIP WALK AROUND in 4 to LOP FCG LOD;;,, SUGAR PUSH w/BOTH KICK to RT HNDSHK,;;

5-8 123-; {Sd Whip Walk Around in 4} Bk L comm RF trn step out of slot, XRif to L-shaped pos placing right hnd

on W's back, sd & lunge L, -; Rec R rotating body slightly LF to lead W to step fwd comm LF trn, sip L cont LF 1234; 5&6,, trn, sip R cont LF trn, sip L comp 1/2 LF trn to LOP FCG LOD; Anchor bk R/rec L, bk R (W fwd R, fwd L trng

RF 1/2, bk R/cl L, fwd R; Fwd L comm LF trn, fwd R cont LF trn, fwd L cont LF trn, fwd R comp 1/2 LF trn to fc (123&4;

ptr; Anchor bk L/rec R, bk L) to LOP FCG LOD, 1234; 5&6,,)

{Sugar Push w/Both Kick to RT Hndshk} Bk L, bk R; Kick L outside ptr, sip L, anchor bk R/rec L, bk R 1234; 5&6.,

(W fwd R, fwd L; Kick R outside ptr, sip R, anchor bk L/rec R, bk L) to RT HNDSHK LOD;

# PART B

### IR HNDSHK LOD] OVER THE HEAD WHIP W/LADY'S OUTSIDE TRN;; STRAIGHT WHIP W/SURPRISE END to STACKED HNDS;;

1-2 {Over the Head Whip w/Lady's Outside Trn} Bk & sd L step out of slot, fwd R leading W to M's 123&4;

> right side, fwd L raising right hnd over M's head/sd R crossing over slot leading W behind and to the left of M, sd L trng slightly LF leading W fwd and into a RF trn; Fwd R into slot, sip L, anchor bk R/rec L, bk R (W fwd R, fwd L trng 1/2 RF, bk R/cl L, fwd R; Fwd L trng full trn RF, fwd R trng 1/2 RF to fc ptr, anchor

bk L/rec R, bk L) to RT HNDSHK LOD;

{Straight Whip w/Surprise End to Stacked Hnds} Bk L joining left hnds over right, XRif trng RF raising 3-4 123&4;

> joined hnds, sml sd and fwd L/rec R trng RF, sd L to VARS POS to RLOD; Trng upper body strongly to the right leading W under both arms backwards fwd R outside ptr checking motion and stopping W with both hnds

joined in an L-shaped SCP looking at ptr, rec bk L raising joined hnds trng LF to LOP FCG RLOD,

anchor bk R/rec L, bk R (W fwd R, fwd L, fwd R under joined hnds/cl L, bk R; Bk L, rec fwd R trng 1/2 RF under

both hnds to fc ptr, anchor bk L/rec R, bk L) to STACKED HNDS RLOD;

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#### [STACK HNDS RLOD] LT SD PASS w/LADY'S INSIDE TRN EXTENDED to RT HNDSHK;;

5-6 123&4; {Left Side w/Lady's Inside Trn Extended to Hndshk} Bk L comm LF trn, sml bk R out of slot comp 1/4 LF trn leading W to pass M's left side, sd L leading W to twirl LF under stacked hnds/rec R, fwd L trng 1/4 LF; Fwd R, fwd L, anchor bk R/rec L, bk R (W fwd R, fwd L comm LF trn, sd & fwd R cont turn/fwd L cont trn, fwd R

comp 1-1/2 LF trn to fc ptr; Bk L, bk R, anchor bk L/rec R, bk L) to RT HNDSHK LOD;

# **PART C**

#### IR HNDSHK LOD] 3 VOLTAS ~ 1 SLO, 2 QK to VARS FCG WALL;

## CHASE TRN FINISH LEFT SD PASS w/LADY'S SPIN & ANCHOR to LOP FC LOD;,, PUSH BREAK,;;

1 al-a3a4; {3 Voltas ~ 1 Slo, 2 Qk to VARS WALL} Sd L comm 1/4 RF trn and crossing beh W/XRif, -, sd L/XRif, sd L/fwd R (W sd R comm 1/4 LF trn and crossing in front of M/XLif, -, sd R/XLif, sd R/fwd L) end VARS fcg

2-4 123&4; 5&6, {Chase Trn Left Sd Pass w/Lady's Spin & Anchor} Fwd L comm 1/2 RF trn while raising right hnd over W's head and keeping hnds crossed in front, rec & bk R {out of slot}, sml bk L comm 1/4 RF trn while leading W to free spin RF down slot/sml bk R cont RF trn {into slot}, sml bk L comp RF trn; Anchor bk R /rec L, bk R

(W fwd R trng 1/4 LF, rec L, fwd R comm RF free spin/fwd L cont RF spin, fwd R comp RF spin; Anchor bk L/rec R, bk L forth) to LOD ECC LOD

R, bk L fc ptr) to LOP FCG LOD,

123&4; 5&6, {**Push Break**} Bk L, sml bk R bringing ptr to LOW BFLY; Bk L/cl R, sml fwd L, anchor bk R/rec L, bk R (W fwd R, fwd L to LOW BFLY; Fwd R/cl L, bk R, anchor bk L/rec R, bk L) to LOP FCG LOD;

# [LOP FCG LOD] TUMMY WHIP ~ FINISH in 3 & BOTH TRN to FIGURE HEAD & HOLD;

# to WALL STEP RONDE to FC ~ STEP THRU & HIP RK 3 & ANCHOR;;

5-6 123&4; {Start Tummy Whip ~ Finish in 3 & Both Trn to Figure Head & Hold} Bk L releasing lead hnds, slight XRif moving twd W's right side placing right hnd on W's right hipbone, swivel 1/4 RF on R sd L/rec R trng 1/4 RF,

fwd L to W's left side; releasing W's hip XRib comm RF trn, sd L comp 1/2 RF trn to fc ptr, bk R trng away from

ptr (W fwd R, fwd L, fwd R/cl L, bk R; Bk L, bk R, bk L trng away from ptr) to FIGURE HEAD, -;

7-8 1234; **{to Wall Step Ronde to FC ~ Step Thru & Hip Rk 3 & Anchor}** Fwd L twds wall, ronde R 1/4 LF to BFLY,

123&4; XRif, sd L; Sd R, sd L, anchor bk R/rec L, bk R to LOP FCG LOD;

## Repeat Part A

#### Repeat Part B

## Repeat Part C to R HNDSHK LOD

### **END**

## IR HNDSHK LOD] 3 VOLTAS ~ 1 SLO, 2 QK to VARS FCG WALL; CHASE TRN in 2 TCH & HOLD;,

#### WALK AROUND in 4 to LOP FC ~ PT SD & HOLD,,;;

Repeat Part C Meas 1;

2-4, 123-; -, {Chase Trn in 2 Half Tch & Hold} Fwd L comm 1/2 RF while raising right hnd over W's

head and keeping hnds crossed in front, rec R, tch L to R, -; -,

234; 56, -; {Walk Around in 4 to LOP FC ~ Pt Side & Hold} Sml fwd L comm 1/4 RF trn, sip R cont RF trn,

sip L cont RF trn; Sip R comp RF trn, pt L sd to LOP FCG LOD, -, -;

#### [LOP FCG LOD] TUMMY WHIP ~ FINISH in 3 & BOTH TRN to FIGURE HEAD & HOLD;;

### RK 3 to BK to BK ~ LOOK AT WATCH;

5-6 Repeat Part C Meas 5-6;;

7-8 1234; {Rk 3 to Back to Back ~ Look at Watch} Rec L trng to look at ptr, rec R, rec L trng away from ptr & look at

watch;

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# **HEAD CUES**

**Sequence:** Intro, A, B, C, A, B, C, End

<u>INTRO</u>

[LOP FCG LOD] WAIT; 4 TOE TAP;

**PART A** 

[LOP FCG LOD] Start HALF WHIP w/TRNG RK 2 ~ Finish HALF WHIP to LOP FCG LOD;;,, RK & GO LEFT SD PASS,;; SD WHIP WALK AROUND in 4 LOD;;,, SUGAR PUSH w/BOTH KICK to HNDSHK,;;

# **PART B**

[R HNDSHK LOD] OVER THE HEAD WHIP w/LADY'S OUTSIDE TRN;; STRAIGHT WHIP w/SURPRISE END to STACKED HNDS;; LT SD PASS w/LADY'S INSIDE TRN EXTENDED KEEP RT HNDS;;

# PART C

[R HNDSHK LOD] 3 VOLTAS ~ 1 SLO, 2 QK to VARS FCG WALL;

CHASE TRN Finish LEFT SD PASS w/LADY'S SPIN & ANCHOR;, PUSH BREAK,;; TUMMY WHIP ~ FINISH in 3 & BOTH TRN to FIGURE HEAD & HOLD;; to WALL STEP RONDE to FC ~ STEP THRU & HIP RK 3 & ANCHOR;;

## **PART A**

[LOP FCG LOD] Start HALF WHIP w/TRNG RK 2 ~ Finish HALF WHIP to LOP FCG LOD;;,, RK & GO LEFT SD PASS,;; SD WHIP WALK AROUND in 4 LOD;;,, SUGAR PUSH w/BOTH KICK to HNDSHK,;;

## **PART B**

[R HNDSHK LOD] OVER THE HEAD WHIP w/LADY'S OUTSIDE TRN;; STRAIGHT WHIP w/SURPRISE END to STACKED HNDS;; LT SD PASS w/LADY'S INSIDE TRN EXTENDED KEEP RT HNDS;;

### **PART C**

IR HNDSHK LODI 3 VOLTAS ~ 1 SLO, 2 QK to VARS FCG WALL;

CHASE TRN Finish LEFT SD PASS w/LADY'S SPIN & ANCHOR;,, PUSH BREAK,;; TUMMY WHIP ~ FINISH in 3 & BOTH TRN to FIGURE HEAD & HOLD;; to WALL STEP RONDE to FC ~ STEP THRU & HIP RK 3 & ANCHOR;;

#### **END**

[R HNDSHK LOD] 3 VOLTAS ~ 1 SLO, 2 QK to VARS FCG WALL; CHASE TRN in 2 TCH & HOLD;,
WALK AROUND in 4 to LOP FC ~ PT SD & HOLD,,;; TUMMY WHIP ~ FINISH in 3 & BOTH TRN to FIGURE HEAD & HOLD;;
RK 3 to BK to BK ~ LOOK AT WATCH: