

UNCHAINED WALTZ

CHOREOGRAPHER: Debbie & Paul Taylor
ADDRESS: 1370 Sunlight Drive, Cle Elum, WA 98922
MUSIC: Unchained Melody (Slow Waltz / 29 Bpm)
CD: Music Takes Control: Standard – Vol 1 Trk 6
FOOTWORK: Opposite throughout except where noted (*Woman*)
RHYTHM: Waltz
PHASE: Phase III + 1 + 1 (Diamond Turn) (Synco Vine)

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LENGTH: 2:45 as downloaded at 45 RPM
ARTIST: Ballroom & Orchestra Singers
RELEASE DATE: June 2016 (Corrected)
SEQUENCE: INTRO-A-B-C-A-B-END

INTRODUCTION

- 1 – 4 LOP FCG DLW WAIT ; ; TOG TCH TO CP ; BOX FINISH ;
1-2] DLW Ld hnds jnd ld ft free wait ; ;
3-4] Tog L to CP, tch R, - ; Bk R, trn ¼ LF sd L, cl R [DLC] ;
- 5 – 6 DIAMOND TURN ; ; ; ;
1-2] Fwd L, trn ¼ LF sd R, bk L w/ptr in BJO DRC ; Bk R, trn ¼ LF sd L, fwd R in BJO DRW ;
3-4] Fwd L, trn ¼ LF sd R, bk L in BJO DLW ; Bk R, trn ¼ LF sd L, fwd R in BJO DLC ;

PART A

- 1 – 4 2 LEFT TURNS ; ; HOVER ; MANEUVER ;
1] Fwd L comm LF trn, cont LF trn sd R, cl L completing 3/8 LF trn ;
2] Cont LF trn bk R, cont LF trn sd L, cl R end in CP WALL ;
3] Fwd L, fwd & slightly sd R rise to ball of ft, sd & slightly fwd L to tight SCP LOD ;
4] Fwd R trng RF, sd L in front of W, cl R (*Sm fwd L, sd R, cl L*) to CP RLOD ;
- 5 – 8 IMPETUS TO SEMI ; THRU SYNCO VINE 2 X ; ; THRU FC CL ;
5] Comm RF upper body trn bk L, brng R to L [heel turn] cont RF trn about 3/8 cl R, comp RF trn fwd L in tight SCP (*Comm RF trn fwd R btwn ptrs ft pvt 1/2, sd & fwd L cont RF trn around M brush R to L, comp trn sd & fwd R*) SCP DLC ;
- 1&23 6] Thru R trng to fc ptr, sd L/XRIB (*XLIB*), sd L ;
1&23 7] Thru R trng to fc ptr, sd L/XRIB (*XLIB*), sd L ;
8] Thru R, trng to fc ptr & WALL sd L to CP, cl R ;
- 9 – 12 INTERRUPTED BOX ; ; ; ;
9] Fwd L, sd R, cl L ;
10] Bk R, sd L, cl R ldg W into RF underarm trn (*Fwd L comm RF trn under jnd ld hnds, fwd R cont RF trn, cl L*) ;
11] Fwd L, sd R, cl L (*Fwd R cont RF trn, fwd L cont RF trn, cl R to fc ptr*) ;
12] Bk R, sd L, cl R to CP WALL ;
- 13-16 DIP BK & HOLD ; MANEUVER ; SPIN TURN ; BK ½ BOX TO SCAR ;
13] Bk L relaxing L knee, - , - ;
14] Rec fwd R comm RF trn, cont RF trn to fc RLOD sd L, cl R ;
15] Bk L pvt RF 3/8, fwd R btwn ptr's ft pvt 1/4, sd & bk L (*Fwd R btwn ptr's ft pivot 3/8, cont RF trn back & slightly sd L rising brush R to L, fwd R btwn ptr's ft*) CP DLW ;
16] Bk R, sd L with slight RF body rotation, cl R ending SCAR DLW ;

PART B

- 1 – 4 CROSS HOVER 3 X ; ; TO BJO ; FWD FC CL TO SEMI ;
1] Fwd L w/slight xing action comm to rise & begin a ¼ LF trn, sd & slightly fwd R cont rise & comp the ¼ LF trn, fwd L to BJO DLC ;
2] Fwd R w/slight xing action comm to rise & begin a ¼ RF trn, sd & slightly fwd L cont rise & comp the ¼ RF trn, fwd R to SCAR DLW ;
3] Repeat Meas 1 ;
4] Fwd R comm RF trn, cont RF trn sd L to fc ptr & wall , cl R end in SCP LOD ;
- 5 – 8 FWD WALTZ ; MAN ROLL ACROSS ; LADY ROLL ACROSS ; PICKUP ;
5] Fwd L, fwd R, cl L ;
6] Fwd R comm RF trn, sd L fcg RLOD, cont RF trn sd & fwd R to LHOP LOD (*Fwd L, fwd R, fwd L*) ;
7] Fwd L, fwd R, fwd L (*Fwd R comm RF trn, cont RF trn sd L fcg RLOD, cont RF trn sd & fwd R*) to HOP LOD ;
8] Thru R, sd & fwd L with LF upper body trn ldg W in frnt, cl R (*Thru L, swvl LF to fc ptr sd & bk R, cl L*) to CP DLC ;

PART C

- 1- 4 TURN LEFT & RT CHASSE TO BJO ; BK & BK LK BK ; IMPETUS TO SEMI ; THRU FC CL ;
 12&3 1] Fwd L comm LF upper body trn, sd R cont trn/cl L, sd & bk R comp ¼ LF trn to BJO DRC;
 12&3 2] Bk L, bk R/lk L in frnt, bk R in BJO DRC;
 3] Comm RF upper body trn bk L, brng R to L [heel turn] cont RF trn about 3/8 cl R, comp RF trn fwd L in tight SCP (*Comm RF trn fwd R on outsd ptrs ft pvt ½, sd & fwd L cont RF trn around M brush R to L, comp trn sd & fwd R*) SCP DLC ;
 4] Thru R, trng to fc ptr & DLW sd L to CP, cl R ;
- 5 - 8 WHISK ; THRU HOVER TO BJO ; BK HOVER TO SEMI ; PICKUP ;
 5] Fwd L, fwd & sd R comm rise, XLIB comp rise to ball of ft end in tight SCP LOD ;
 6] Thru R, fwd L w/rise & LF upper body trn, rec bk R (*Thru L, fwd R with LF trn brush L to R, rec fwd L*) BJO DLC ;
 7] Bk L, sd & bk R w/rise & RF bdy trn, rec sd & fwd L (*Fwd R, sd & fwd L w/rise & RF trn brush R, rec fwd R*) SCP ;
 8] Thru R, sd & fwd L with LF upper body trn ldg W in frnt, cl R (*Thru L, swvl LF to fc ptr sd & bk R, cl L*) to CP DLC ;
- 9 - 12 1 LEFT TURN ; BK TURN & CHASSE TO BJO ; FWD & FWD LK FWD ; MANEUVER ;
 9] Fwd L comm LF trn, cont LF trn sd R, cl L completing 3/8 LF trn ;
 12&3 10] Bk R comm LF trn, cont LF trn sd L/cl R, cont LF trn sd & fwd L to BJO DLW ;
 12&3 11] Fwd R, fwd L/lk RIB, fwd L ;
 12] Fwd R trng RF, sd L in front of W, cl R (*Sm bk comm RF trn L, sd to fc ptr R, cl L*) to CP RLOD ;
- 13-16 PIVOT TO SEMI ; THRU CHASSE TO SEMI 2 X ; ; PICKUP ;
 13] Lower & comm RF tm bk L, fwd R btwn W ft , fwd L to SCP LOD (*W fwd R trng RF, bk L cont RF trn, fwd R*) ;
 12&3 14] Thru R, fc ptr sd L/cl R, sd & fwd L to SCP ;
 12&3 15] Thru R, fc ptr sd L/cl R, sd & fwd L to SCP ;
 16] Thru R, sd & fwd L with LF upper body trn ldg W in frnt, cl R (*Thru L, swvl LF to fc ptr sd & bk R, cl L*) to CP DLC ;

REPEAT PART A

REPEAT PART B

ENDING

- 1-4 DIAMOND TURN : : : :
 1] Fwd L, trn ¼ LF sd R, bk L w/ptr in BJO DRC ;
 2] Bk R, trn ¼ LF sd L, fwd R in BJO DRW ;
 3] Fwd L, trn ¼ LF sd R, bk L in BJO DLW ;
 4] Bk R, trn ¼ LF sd L, fwd R in BJO DLC ;
- 5-8 2 LEFT TURNS ; ; CANTER 1 X ; DIP BK TWIST & REWARD ;
 5] Fwd L comm LF trn, cont LF trn sd R, cl L completing 3/8 LF trn ;
 6] Cont LF trn bk R, cont LF trn sd L, cl R end in CP WALL ;
 7] Sd L, draw R to L, cl R ;
 8] Bk L relaxing L knee, twist upper body slightly LF , optional leg crawl and/or kiss and or say 'Thank You' ;

UNCHAINED WALTZ

PHASE III + 1 + 1 WALTZ
(DIAMOND TURN)
(SYNCO VINE)

INTRO: LOP FCG DLW WAIT ; ; TOG TCH TO CP ; BOX FINISH ;
DIAMOND TURN ; ; ; ;

A: 2 LEFT TURN ; ; HOVER ; MANUVER ;
IMPETUS TO SEMI ; THRU SYNCO VINE 2 X ; ; THRU FC CL ;
INTERRUPTED BOX ; ; ; ;
DIP BK & HOLD ; MANUVER ; SPIN TURN ; BK ½ BOX TO SDCR ;

B: CROSS HOVERS 3 X ; ; TO BJO ; FWD FC CL TO SEMI ;
FWD WALTZ ; MAN ROLL ACROSS ; LADY ROLL ACROSS ; PICKUP ;

C: TURN LF & RT CHASSE TO BJO ; BK & BK LK BK ; IMPETUS TO SEMI ; THRU FC CL ;
WHISK ; THRU HOVER TO BJO ; BK HOVER TO SEMI ; PICKUP ;
1 LEFT TURN ; BK TURN & CHASSE TO BJO ; FWD & FWD LK FWD ; MANUVER ;
PIVOT TO SEMI ; THRU CHASSE TO SEMI 2 X ; ; PICKUP ;

A: 2 LEFT TURN ; ; HOVER ; MANUVER ;
IMPETUS TO SEMI ; THRU SYNCO VINE 2 X ; ; THRU FC CL ;
INTERRUPTED BOX ; ; ; ;
DIP BK & HOLD ; MANUVER ; SPIN TURN ; BK ½ BOX TO SDCR ;

B: CROSS HOVERS 3 X ; ; TO BJO ; FWD FC CL TO SEMI ;
FWD WALTZ ; MAN ROLL ACROSS ; LADY ROLL ACROSS ; PICKUP ;

END: DIAMOND TURN ; ; ; ;
2 LEFT TURNS ; ; CANTER 1 X ; DIP BK & REWARD ;

DEBBIE & PAUL TAYLOR

CD: MUSIC TAKES CONTROL, STANDARD – VOLUME 1 TRACK 6 OR
DOWNLOAD FROM AMAZON OR I-TUNES

“UNCHAINED MELODY (SLOW WALTZ/29 BPM)

(BALLROOM ORCHESTRA & SINGERS)

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