"YOU RAISE ME UP"

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MUSIC: *"You Raise Me Up"* from Josh Groban's *Closer*, Reprise CD 48450-2, Track #12.
PHASE & RHYTHM: **Phase VI Slow Two Step**   [*Contact Choreographer for Availability*]
SEQUENCE: **INTRO, A, B, A, B MOD, C, B MOD, END**

INTRO

1-4   **WAIT; FWD 2; FWD 2 / LADY SPIRAL & FWD; FWD TRANS / LADY RIFF TRN TO FC;**
1   [WAIT] OP/SHAD M slightly in frt of W both rt ft free rt hds joined in frt of W (W's lt arm extended beh M) wait 1 ms;
2   SS   [FWD 2] Fwd R, __, fwd L, __ (W fwd R, __, fwd L, __);
3   SS   [FWD 2 / LADY SPIRAL & FWD] Fwd R, __, fwd L, __ (W fwd R spiral lf, __, fwd L LOD, __);
4   S__ (SS)   [FWD TRANS / LADY RIFF TRN] Fwd R, __, tch L to R fc ptr & WALL, __ (W fwd R spin rf, __, cl L to R fc ptr & COH, __);

PART A

1-4   **BASICS;; LT TRN W/ INSD ROLL; TO FALLAWY CK & REC;**
1   SQQ   [BASICS] LOOSE CP sd L, __, xRib, rec fwd L (W sd R, __, xLib, rec fwd R);
2   SQQ   Sd R, __, xLib, rec fwd R LOD (W sd L, __, xRib, rec fwd L start lf trn);
3   SQQ   [LF TRN W/ INSD ROLL] Fwd L LOD lf trn, __ sd R lead W underarm roll, xLif fc COH
(W bk R lf trn, __, fwd L LOD lf underarm roll, bk R fc WALL);
4   SQQ   [FALLAWY CK & REC] Sd R, __, bk L LOD cking FALLAWY POS, rec fwd R (W sd L, __ bk R LOD cking FALLAWY POS, rec fwd L);

5-8   **LADY SWVL RF UNDERARM & CARESS; LADY FWD SPIRAL & RIFF TRN TO LOD;**
OP BRK FOR; PASSING OUTSD ROLL;
5   ___   [LADY SWVL RF UNDERARM & CARESS] Pt L RLOD, __, __, __ (W swvl rf underarm on L to a caressing lt arm sweep, __, __, __);
6   SQQ   [LADY FWD SPIRAL & RIFF TRN] Rec L rf trn, __, sd R, cl L join lead hds fc LOD
(W fwd R LOD lf spiral, __, fwd L lf spin, cl R to L join lead hds fc RLOD);
7   SQQ   [OP BRK] LOP/LOD sd R, __, brk apt L, rec fwd R release lead hds (W sd L, __, brk apt R, rec fwd L);
8   S__ (SQQ)   [PASSING OUTSD ROLL] Fwd L rt forearm contact, __, hold & lead W rf underarm trn, join rt hds fc WALL
(W fwd R rt forearm contact, __, fwd L rf underarm trn, bk R join rt hds fc LOD);

9-12   **TO CK RONDE & BK PASS; LADY AROUND TO FC; RT HDS & SHAD BRK FOR;**
SWEETHEART TRANS & FWD 2;
9   S__ (SQQ)   [CK RONDE & BK PASS] Rt hds joined lunge sd R cking lt arm extended bk & sd, __, __, __
(W lunge bk L lt hd on M's rt sh ronde R cw, __, xRib, fwd L pass beh M);
10   S__ (SQQ)   [LADY AROUND TO FC] Rise & cl L to R fc WALL, __, __, __ (W fwd R lift & pass under M's lt arm, __, fwd L, fwd R fc ptr & COH);
11   SQQ   [SHAD BK] Sd R join rt hds, __, brk bk L, rec fwd R SHAD/LOD (W sd L join rt hds, __, brk bk R, rec fwd L SHAD/LOD);
12   __QQ (SQQ)   [SWEETHEART TRANS & FWD 2] Tch L to R lift & release rt hds, __, RT SWEETHEART POS fwd L, fwd R across ptr
(W cl R to L lift & release rt hds, __, fwd L, fwd R);

13-16   **SWEETHEART SWITCH 2T DOWN LOD;; LUNGE SWITCH TO RLOD;**
LUNGE SWITCH / LADY TRANS TO FC;
13   SQQ   [SWEETHEART SWITCHS] Fwd L across ptr rf trn , __, LT SWEETHEART POS fwd R LOD, fwd L
(W fwd L rf trn ptr across, __, fwd R, fwd L);
14   SQQ   Cl R to L ptr across, __, RT SWEETHEART POS fwd L LOD, fwd R (W fwd R across ptr, __, fwd L, fwd R);
15   SQQ   [LUNGE SWITCH DOWN RLOD] Fwd L LOD rf trn, __, LT SWEETHEART POS fwd R RLOD, fwd L
(W fwd L LOD rf trn, __, fwd R RLOD, fwd L);
16   SQQ (SQ_)   [LUNGE SWITCH / LADY TRANS] Fwd R lf trn RT SWEETHEART POS, __, fwd L fc ptr & WALL, cl R to L LOOSE CP
(W fwd R lf trn RT SWEETHEART POS, __, fwd L fc ptr & COH, tch R to L LOOSE CP);

PART B

1-4   **BASICS;; TRAVEL RT TRN; TO OUTSD ROLL;**
1   SQQ   [BASICS] LOOSE CP sd L, __, xRib, rec fwd L (W sd R, __, xLib, rec fwd R);
2   SQQ   Sd R, __, xLib, rec fwd R LOD (W sd L, __, xRib, rec fwd L);
3   S__ (SQQ)   [TRAVEL RT TRN] Fwd L across ptr, rf trn on L ronde R cw lead W pass fwd LOD fc LOD LOOSE BJO, __, __, __
(W fwd R LOD, __, fwd L rf around & passed ptr, fwd R LOOSE BJO fc RLOD);
4   SQQ   [OUTSD ROLL] Fwd R LOD outsd ptr, __, sd L, xRif LOP fc WALL (W bk L ptr outsd LOD rf trn, __, sd R rf underarm roll, bk L fc COH);

5-8		**LUNGE BASIC W/ INSD ROLL; BASIC END; LF TRN TO BFY;**
		BK BRK W/ LADY'S HEAD LOOP;
5	SQQ	[LUNGE BASIC W/ INSD ROLL] Lunge Sd L cking ptr with rt hd beh W's bk, __, rec sd R lead W lf underarm roll, xLif RLOD
		(W lunge sd R cking, __, rec fwd L RLOD lf underarm roll, bk R fc ptr & COH);
6	SQQ	[BASIC END] LOOSE CP sd R, __, xLib, rec fwd R LOD (W sd L, __, xRib, rec fwd L LOD start lf trn);
7	SQQ	[LF TRN] Fwd L LOD lf trn, __ sd R, xLif fc COH (W fwd R lf trn, __, sd L , xRif fc WALL);
8	SQQ	[BK BRK W/ LADY'S HEAD LOOP] Sd R loop M's rt W's lt hds over W's head placing hds on W's rt sh, __, bk L, rec fwd R RLOD
		(W sd L loop M's rt W's lt hds over head, __, bk R, rec fwd L RLOD);

9-12		**UNDERARM TRN TO STACKED HDS; OP BRK; CHG SDS UNDER STACKED HDS;**
		LUNGE BASIC;
9	SQQ	[UNDERARM TRN TO STACKED HDS] Sd L, __, xRib lead ptr under dbl hd hold, rec fwd L STACKED LT OVER RT HDS fc COH
		(W fwd R, __, fwd L rf trn under dbl hd hold, fwd R STACKED HDS L over R fc ptr & WALL);
10	SQQ	[OP BRK] Sd R, __, apt L, rec fwd R (W sd L, __, apt R, rec fwd L);
11	SQQ	[CHGS SDS UNDER STACKED HDS] Fwd L COH chg sds lead W trn under stacked hds, __, sd R, xLif dbl hd hold fc WALL
		(W fwd R WALL lf trn under stacked hds chg sds, __, sd L, xRif fc COH);
12	SQQ	[LUNGE BASIC] Lunge sd R ½ OP/LOD , __, rec fwd L, fwd R (W lunge sd L ½ OP/LOD, __, rec fwd R, fwd L);

13-16		**2 SWITCHES;; TO A HINGE; REV UNDERARM TRN / LADY TRANS TO FC;**
13	SQQ	[SWITCHES] Fwd L across ptr rf trn ½ LOP/LOD, __, fwd R, fwd L (W fwd R ½ LOP/LOD, __, fwd L, fwd R);
14	SQQ	Fwd R ½ OP/LOD, __, fwd L, fwd R (W fwd L across ptr rf trn ½ OP/LOD, __, fwd R, fwd L);
15	S__ (SS)	[HINGE] Fwd L LOD rise w/ slight lf body trn, __, lower on extend R sd RLOD, __ (W fwd R lf trn, __, xLib lower extend R fwd RLOD, __);
16	SQQ (SQ_)	[REV UNDERARM TRN / LADY TRANS] Rec R lead W lf underarm trn, __, Sd L fc ptr & WALL, cl R to L LOOSE CP
		(W rec R lf underarm trn, __, fwd L fc ptr & COH, tch R to L LOOSE CP);

PART A

1-4	**BASICS;; LT TRN W/ INSD ROLL; TO FALLAWY CK & REC;**
5-8	**LADY SWVL RF UNDERARM & CARESS; LADY FWD SPIRAL & RIFF TRN TO LOD;**
	OP BRK FOR; PASSING OUTSD ROLL;
9-12	**TO CK RONDE & BK PASS; LADY AROUND TO FC; RT HDS & SHAD BRK FOR;**
	SWEETHEART TRANS & FWD 2;
13-16	**SWEETHEART SWITCH 2T DOWN LOD;; LUNGE SWITCH TO RLOD;**
	LUNGE SWITCH / LADY TRANS TO FC;

PART B MOD

1-4	**BASICS;; TRAVEL RT TRN; TO OUTSD ROLL;**
5-8	**LUNGE BASIC W/ INSD ROLL; BASIC END; LF TRN TO BFY;**
	BK BRK W/ LADY'S HEAD LOOP;
9-12	**UNDERARM TRN TO STACKED HDS; OP BRK; CHG SDS UNDER STACKED HDS;**
	LUNGE BASIC;
13-16	**2 SWITCHES;; TO A HINGE; LADY REV UNDERARM TRN;**

16	QQ__ (S_)	[LADY REV UNDERARM TRN] Rec R lead W rec, sd L lead W lf underarm swvl to BFY, __, __
		(W rec fwd R, swvl lf underarm BFY fc LOD, __, __);

17-18		**& FWD SWVL KICK TO SLO RONDE; FOR CIR VINE 3 {"You Raise Me"};**
17	SS (S_)	[FWD SWVL KICK TO SLO RONDE] Sd R LOD lead W lf swvl BFY, __, rec sd L lead W swvl rf for slo ronde __
		(W fwd L LOD lf swvl, __, kick R fwd RLOD rf swvl on L for slo ronde R cw, __);
18	_QQQ	[CIR VINE 3] BFY/WALL hold, cir rf vine on {*"You Raise Me"*} xRib, sd L, xRif fc COH
		(W BFY fc COH cont ronde R cw, cir rf vine on {*"You Raise Me"*} xRib, sd L, xRif fc WALL);

PART C

1-4		**TO SAME FT RONDE {"Up"} & VINE 2; SLO OPPOSITION X-CK; REC BK 2 LADY SWVL;**
		TO SAME FT LUNGE LINE W/ TRANS EXIT FOR;
1	SQQ	[SAME FT RONDE & VINE 2] BFY fcing COH compress into ptr w/ rf rotation on {*"Up"*} sd L ronde R cw, __, xRib, fwd L LOD join rt hds
		(W fcing WALL in BFY compress into ptr w/ rf rotation sd L ronde R cw, __, xRib, fwd L RLOD join rt hds);
2	S__	[SLO OPPOSITION X-CK] Rt hds joined x-ck R LOD extend lt arm fwd, __, __, __ (W x-ck R RLOD extend lt arm fwd, __, __, __);
3	SS (_)	[REC BK 2 LADY SWVL] Rec bk L lead W swvl lf underarm, __, bk R LOOSE "L" POS fc WALL, __
		(W lf swvl on R under joined rt hds fc LOD, __, extend L fwd LOOSE "L" POS fc LOD, __);
4	__S (__QQ)	[SAME FT LUNGE LINE W/ TRANS EXIT] Lower on R rt leg in frt of ptr extend L LOD, __ rec fwd L LOD, tch R to L
		(W lower on R beh M's rt leg extend L LOD, __ rec fwd L, fwd R LOD);

5-8

SLO SPIRAL; FIN SPIRAL & OUT TO FC; OP BRK;
TO LEG CRAWL & AROUND THE WORLD;

5	____	[SLO SPIRAL] Hold & lead W slo lf spiral, __, __, __ (W slo spiral lf on R, __, __, __);
6	__QQ	[FIN SPIRAL & OUT TO FC] Cont lead W slo lf spiral, __, bk R, fwd L LOD join lead hds (W cont slo spiral lf on R, __, fwd L LOD lf trn, cl R to L fc RLOD join lead hds);
7	SQQ	[OP BRK] Sd & fwd R, __, brk apt L, rec fwd R LOD (W sd & bk L, __, brk apt R, rec fwd L fc RLOD);
8	S__	[LEG CRAWL & AROUND THE WORLD] Blend to CP cl L to R & pt R sd & fwd, __, shifting wt to both ft pl arms around W w/ hds on W's sh blades lower w/ ccw rotation rising after rotation, __ (W blend to CP fwd R raise lt leg up sd of M's rt leg, __, shifting wt to both ft pl hds on M's shs lower to lay back pos w/ ccw rotation rising after rotation, __);

9-12

& HOLD; RUD RONDE W/ SYNC UNDERARM TRN; SD BASIC;
LADY'S SPT TRNS TO NECK WRAP;

9	S__	[HOLD] Fin round the world & shift wt to L blend to normal CP/LOD, __, __, __ (W fin round the world & shift wt to R blend to normal CP fc RLOD, __, __, __);
10	S&QQ	[RUD RONDE W/ SYNC UNDERARM TRN] Lunge fwd & sd R rf body rotation, __/bk L RLOD, sd R, xLif fc WALL (W sd & bk L ronde R cw, __/bk R lf trn, fwd L RLOD lf underarm trn, bk R fc COH);
11	SQQ	[SD BASIC] Sd R, __, xLib, rec fwd R (W sd L, __, xRib, rec fwd L);
12	SQQ	[LADY'S SPT TRNS TO NECK WRAP] Lead hds joined sd L, __, xRib lead W neck wrap rf into W's rt arm, __, rec fwd L RLOD (W lead hds joined sd R, __, fwd L neck wrap rf into rt arm, rec fwd R RLOD);

13-16

& UNWRAP FOR; 2 SLO X-SWVLS;; REV UNDERARM TRN / LADY TRANS TO FC;

13	SQQ	[UNWRAP] Sd R, __, rec sd L lead W lf trn to unwrap neck, lunge sd R RLOD lead W lf swvl to BFY fc DLW (W fwd L, __, fwd R unwrap lf, fwd L LOD swvl lf to BFY fc DRC);
14	S__	[SLO X-SWVLS] BFY lunge sd L LOD lead W slo rf swvl fc DRW, __, __, __ (W BFY fwd R RLOD slo swvl rf fc DLC, __, __, __);
15	S__	BFY lunge sd R RLOD lead W slo lf swvl fc DLW, __, __, __ (W BFY fwd L LOD slo swvl lf fc DRC, __, __, __);
16	__QQ (SQ_)	[REV UNDERARM TRN / LADY TRANS] Hold & lead W lf underarm, __, sd L fc ptr & WALL, cl R to L LOOSE CP (W fwd R RLOD lf underarm trn, __, fwd L fc ptr & COH, tch R to L LOOSE CP);

PART B MOD

1-4

BASICS;; TRAVEL RT TRN; TO OUTSD ROLL;

5-8

LUNGE BASIC W/ INSD ROLL; BASIC END; LF TRN TO BFY;
BK BRK W/ LADY'S HEAD LOOP;

9-12

UNDERARM TRN TO STACKED HDS; OP BRK; CHG SDS UNDER STACKED HDS;
LUNGE BASIC;

13-16

2 SWITCHES;; TO A HINGE; LADY REV UNDERARM TRN;

| 16 | QQ__ (S__) | [LADY REV UNDERARM TRN] Rec R lead W rec, sd L lead W lf underarm swvl to BFY, __, __ (W rec fwd R, swvl lf underarm on R BFY fc LOD, __, __); |

17-18

& FWD SWVL KICK TO SLO RONDE; FOR CIR VINE 3 *{"You Raise Me"}*;

| 17 | SS (S__) | [FWD SWVL KICK TO SLO RONDE] Sd R RLOD lead W lf swvl BFY, __, sd L LOD lead W rf swvl for slo ronde, __ (W fwd L LOD lf swvl, __, kick R fwd RLOD swvl rf on L for slo ronde R cw, __); |
| 18 | __QQQ | [CIR VINE 3] BFY/WALL hold, cir rf vine on *{"You Raise Me"}* xRib, sd L, xRif fc COH (W BFY fc COH cont ronde R cw, cir rf vine on *{"You Raise Me"}* xRib, sd L, xRif fc WALL); |

END

1-4

TO SAME FT RONDE *{"Up"}* & VINE 2; SLO OPPOSITION X-CK;
REC BK 2 / LADY SWVL; TO SAME FT LUNGE LINE;

1	SQQ	[SAME FT RONDE & VINE 2] BFY fc COH compress into ptr w/ rf rotation on *{"Up"}* sd L ronde R cw, __, xRib, on *{1st Piano Note}* fwd L LOD join rt hds (W fc WALL compress into ptr w/ rf rotation on *{"Up"}* sd L ronde R cw, __, xRib, on *{1st Piano Note}* fwd L RLOD);
2	S__	[SLO OPPOSITION X-CK] Rt hds joined on *{2nd Piano Note}* x-ck R LOD extending lt arm fwd on *{"To More"}* , __, __, __ (W join rt hds on *{2nd Piano Note}* x-ck R RLOD extending lt arm fwd on *{"To More"}*, __, __, __);
3	SS (___)	[REC BK 2 / LADY SWVL] On *{"Than I"}* rec bk L lead W swvl lf, __, bk R fc WALL LOOSE "L" POS, (W on *{"Than I"}* lf swvl on R under joined rt hds fc LOD, __, extend L fwd LOOSE "L" POS fc LOD, __);
4	____	[SAME FT LUNGE LINE] On *{"Can Be"}* lower on R M's rt leg ln frt of ptr extend L LOD, __, __, __ (W on *{"Can Be"}* lower on R beh M's rt leg extend L LOD, __, __, __);

5-6

REC TO SLO HINGE & EXTEND;;

| 5 | S__ | [REC TO SLO HINGE & EXTEND] On *{"Piano Notes}* rec fwd L, __, lead W lf swvl, __ (W on *{"Piano Notes"}* rec fwd L, __, slo swvl lf on L, __ |
| 6 | ____ | Lower on L extend lt arm bk & up extend R leg RLOD, __ (W lower on L pl rt hd on M's lt sh extend lt arm up & out extend R leg RLOD, __); |